

Name: _____



Activity 9a

Reverse Alphabet Code

There are plenty of ways to deal with people who use mean words. To learn more, decode the words below using this code:

A = Z	B = Y	C = X	D = W
E = V	F = U	G = T	H = S
I = R	J = Q	K = P	L = O
M = N	N = M	O = L	P = K
Q = J	R = I	S = H	T = G
U = F	V = E	W = D	X = C
Y = B	Z = A		

1. Shake your head and DZOP away.

2. RTMLIV the person completely.

3. HGZMW up for yourself and tell the person how you UVVO.

4. Keep your cool and don't get FKHVG.

5. Ask a ~~UVVW~~
UJRVW to help you talk to the person.

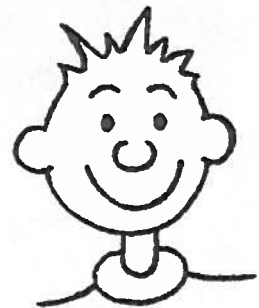
6. GZOP to a teacher or family member about the problem.

7. Keep a WRZIB of your feelings.

8. ZELRW people who are mean to you whenever you can.

9. Be a good VCZNKOV by using kind words when you talk to others.

10. Never use ERLOVMXV to deal with a problem.



The Answer Key for this activity appears on the next page.

Name: _____



Who Is Being Mean?

Activity 13a

Hurtful words can take many forms. Read each quote below and answer the questions that follow.

Carmen: *Hey, you. Carry this stack of books to my locker and bring me a soda.*

Jack: *I heard Terry's brother got arrested last night. What a loser!*

Sid: *You have the biggest nose I've ever seen. Boy, is it ugly!*

Karen: *There's Leela. Let's walk this way and pretend we don't see her.*

Lisa: *You're a real wimp. I've never seen such a chicken. Talk about a coward.*

Terry: *My bike is the best. It makes your old bike look like a junk heap.*

1. Who is being mean by saying something **INSULTING**?

2. Who is being mean by **SHOWING OFF**?

3. Who is being mean by spreading **GOSSIP**?

4. Who is being mean by **BOSSING** someone around?

5. Who is being mean by **CALLING NAMES**?

6. Who is being mean by **IGNORING** someone?

The Answer Key for this activity appears on the next page.