

**VOCABULARY**

The following terms are from *THE TEEN FILES: Smoking—Truth or Dare*. Fill in the number of each term next to its closest definition.

- |                    |                |
|--------------------|----------------|
| 1. atherosclerosis | 6. leukoplakia |
| 2. nicotine        | 7. circulation |
| 3. tobacco         | 8. addiction   |
| 4. emphysema       | 9. cancer      |
| 5. bronchitis      | 10. arsenic    |

- \_\_\_ rate of blood flow through the body; smoking causes it to decrease
- \_\_\_ pre-cancerous sores in the mouth that can be caused by chewing tobacco
- \_\_\_ an illness of the lungs which causes the air sacs to expand and lose their elasticity
- \_\_\_ addictive drug found in tobacco that increases blood pressure and heart rate
- \_\_\_ serious, often deadly disease that causes the body's cells to mutate and grow out of control
- \_\_\_ strong physical or psychological craving for a substance despite its harmful effects
- \_\_\_ hardening of the arteries that can lead to a stroke or heart attack
- \_\_\_ rat poison; one of many poisons found in tobacco
- \_\_\_ plant whose leaves are used to make cigarettes, snuff and chew
- \_\_\_ swelling of the bronchi, or breathing tubes in the lungs, which can cause coughing and soreness

**CHECKING COMPREHENSION**

Read the following sentences and circle the letter of the word that best fills each blank.

By seeing computer simulations of their faces, Jackie and Crystal learned that smoking causes \_\_\_1\_\_\_. Former model Janet Sachman said that a tobacco executive encouraged her to \_\_\_2\_\_\_. Later, when other teens saw a lung with emphysema, they noticed that the \_\_\_3\_\_\_ were stretched and damaged. The people in the hospital were so affected by emphysema, they had to use \_\_\_4\_\_\_ at all times. Greg and Pat were checked by a dentist for early signs of \_\_\_5\_\_\_. Rick Bender, the ex-ballplayer, lost his tongue and part of his jaw after chewing tobacco caused him to develop \_\_\_6\_\_\_. Twins Becca and Karen learned that tobacco affects \_\_\_7\_\_\_, even in young people. Although she is only 28, Pam Laffin had to undergo \_\_\_8\_\_\_ in order to survive.

- |  |   |
|--|---|
| <p>1. A. premature aging<br/>B. hairy tongue<br/>C. throat cancer<br/>D. bad circulation</p>   | <p>5. A. heart disease<br/>B. bronchitis<br/>C. emphysema<br/>D. leukoplakia</p>                    |
| <p>2. A. quit smoking<br/>B. try plastic surgery<br/>C. start smoking for her modeling career<br/>D. see a doctor about an earache</p> | <p>6. A. pneumonia<br/>B. cancer<br/>C. bronchitis<br/>D. emphysema</p>                             |
| <p>3. A. bronchi<br/>B. arteries<br/>C. cells<br/>D. air sacs</p>  | <p>7. A. the liver<br/>B. air sacs in the lungs<br/>C. blood flow<br/>D. heart size</p>             |
| <p>4. A. heart monitors<br/>B. crutches<br/>C. oxygen tanks<br/>D. electrodes</p>  | <p>8. A. a heart transplant<br/>B. chemotherapy<br/>C. plastic surgery<br/>D. a lung transplant</p> |

**TRUE OR FALSE**

Place a T next to statements that are true and an F next to statements that are false.

1. \_\_\_ Smoking causes early wrinkles and premature aging.
2. \_\_\_ With emphysema, the walls of the heart slowly dissolve.
3. \_\_\_ Neither Greg nor Pat showed any signs of leukoplakia.
4. \_\_\_ Rick Bender lost a third of his tongue and half his jaw because of cancer.
5. \_\_\_ Smoking restricts circulation and causes less oxygen to reach the skin.
6. \_\_\_ The "hairy tongue" caused by chewing tobacco is actually an elongation of papillae on the tongue.
7. \_\_\_ Emphysema only happens to people who are over the age of 50.
8. \_\_\_ Many people with emphysema become short of breath after walking just a few yards.
9. \_\_\_ After getting a lung transplant, Pam Laffin was once again able to enjoy a normal life.
10. \_\_\_ Every day in the United States, six thousand American teenagers try cigarettes for the first time.

**WORD SEARCH**

The following words can be found in the maze below. The letters may be arranged horizontally, vertically, diagonally or backward.

tobacco  
papillae  
arsenic  
formaldehyde  
emphysema  
leukoplakia  
bronchitis  
nicotine  
pneumonia  
artery

K	F	O	R	M	A	L	D	E	H	Y	D	E
E	M	P	H	Y	S	E	M	A	D	K	P	O
N	B	A	D	L	C	U	B	L	E	H	B	A
I	L	J	M	H	E	K	H	P	X	M	R	G
C	A	L	G	A	T	O	B	A	C	C	O	K
O	N	R	C	R	K	P	G	P	A	E	N	M
T	G	K	S	T	B	L	C	I	C	Q	C	B
I	B	A	C	E	K	A	B	L	G	O	H	Y
N	K	L	N	R	N	K	L	L	X	M	I	O
E	C	D	A	Y	J	I	H	A	K	A	T	G
D	H	N	H	J	E	A	C	E	N	E	I	Z
B	P	N	E	U	M	O	N	I	A	B	S	O

**TEST**

Circle the phrase which best answers each question.

1. Jackie and Crystal learned from computer simulations what smoking could do to:
  - their lungs.
  - their hearts.
  - their looks.
  - their brains.
  
2. Emphysema causes the air sacs in the lungs to:
  - expand and dissolve.
  - shrink.
  - turn pink.
  - heal.
  
3. Many people with emphysema cannot walk more than a few yards without:
  - falling down.
  - fainting.
  - coughing.
  - becoming short of breath.
  
4. Leukoplakia is a pre-cancerous condition characterized by leathery, white patches in the:
  - lungs.
  - mouth.
  - liver.
  - heart.
  
5. \_\_\_\_\_ is an elongation of the papillae caused by chewing tobacco.
  - Scleroderma
  - Emphysema
  - "Hairy tongue"
  - Pneumonia

**TEST (CONTINUED)**

6. After years of chewing tobacco, Rick Bender developed \_\_\_\_\_ cancer.
- lung
  - bladder
  - brain
  - mouth and throat
7. Smoking constricts blood flow and reduces the amount of \_\_\_\_\_ delivered to the body.
- nicotine
  - hormones
  - oxygen
  - tar
8. At the age of 24, Pam Laffin was diagnosed with:
- throat cancer.
  - leukemia.
  - cirrhosis.
  - emphysema.
9. After getting a lung transplant, Pam's body:
- healed completely.
  - rejected the lung.
  - recovered from emphysema.
  - was strengthened.
10. The dentist who tested Greg and Pat for leukoplakia found:
- white leathery patches in Pat's mouth.
  - cancer in both of their mouths.
  - no signs of leukoplakia in either one's mouth.
  - that Pat had bronchitis.