

Fainting

Usually someone who has fainted will regain consciousness within a matter of a few seconds. If you know why they have fainted it might not be necessary to call 911...however if you feel uncomfortable or do not know what happened, you should call 911.



Care:

Call 911

Lower them to the ground if possible.

Raise their legs ~6-12".

If they feel sick, roll them into recovery position

Seizures

Seizures can be very scary. Unless you are aware of a person's condition with seizures and have been instructed otherwise, call 911. Note the time that the seizure started. Not all seizures include convulsions which can make it hard to identify when someone has a seizure.

What to Look for:

Rhythmic Jerking of Limbs

Crying Out

Unresponsive

Urinating or Defacating

Clenching of Jaw

A Blank Stare

Care:

Call 911

Remove anything around the person that might cause injury.

Cushion head.

DO NOT: put anything between teeth or try to restrain a person who is convulsing

Stroke

A stroke is a rapid loss of brain function due to blood flow being blocked from the brain. This is a medical emergency and 911 should be called as soon as symptoms of a stroke are noticed. The sooner stroke symptoms are identified the better the prognosis for that person.

Here is an acronym to identify a stroke:



F

Face:
SMILE

Is one side
droopy?



A

Arms:
**RAISE
BOTH ARMS**

Is one side weak?



S

Speech:
**SPEAK A SIMPLE
SENTENCE**

Slurred? Unable to?



T

TIME:
Lost time
could be
lost brain

Care:

Identify Symptoms

Call 911 with the time
that symptoms first
were noticed.