

2018-2019

OF ABOVE AND BEYOND 2018-2019





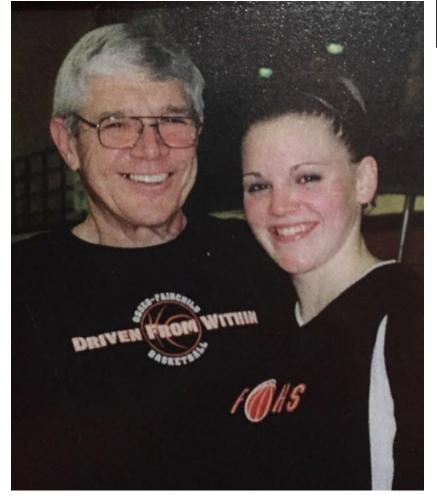
Staying away from drugs and alcohol in high school allows you to develop into who you really are without any artificial influences. It shows a really strong person who can be who they want to be instead of giving into pressures from people who think differently than you.

Tera Simpson

Adviser

Activities: Above and Beyond Adviser, Health Education and Sciences Teacher, TADD Adviser, AODA Coordinator, Varsity Girls Basketball Coach

Hometown Heroes: My parents are my hometown heroes. I know that they do not live in the Osseo area but my dad has been coming up to help EVERY SINGLE practice both this season and the seasons in the past; that is 2 hours of driving for a 2 hour practice. My mom has not only picked up some of the childcare issues that coaching creates but also supports both my dad and I's decision to coach; which means a lot less time of my dad at home (and also the emotional capital of being a coach's wife / mom).



I am proud to be part of the O-F community because of all of the ongoing support.

Everyone always pulls together to get things done.

Hailey Zawacki Adviser

Activities: Above and Beyond Adviser, 4th Grade Teacher

Hometown Hero: Larry Bagley I chose Larry because he has always been there for me. I have always looked to him for advice, and he is always so genuine. I can always count on my grandpa to show up when I need him! He was my first and favorite coach of all time. He puts everything he has into our community!



My own children have been around sports and watched athletes from Osseo-Fairchild compete for many years. I know how young kids look up to the athletes and have seen the impact those athletes majority of athletes here have treated my kids wonderfully. You never know who is watching and who you are inspiring with your play and actions on and off the field/court/track.

Matt Korger

Adviser

Activities: Above and Beyond Adviser, 6th Grade Science and Social Studies Teacher, 7th grade boys basketball coach, Varsity Baseball coach, Homecoming Powder Puff Football Referee, Middle School Chess Club Advisor

Hometown Hero: Pam Selz-Pralle. Pam has

been involved in the youth basketball program for well over a decade. Despite not having any kids playing in youth basketball, she has stayed on and volunteered countless hours to help can have on a younger student. The vast provide the students of Osseo and Fairchild the opportunity to play basketball. Her commitment and sacrifice to the youth of our communities should not be overlooked.



Ben Dewitz

Activities: Above and Beyond, Band

Hometown Hero: My hometown hero is Buzz Thompson.

I like being part of Above and Beyond because it is a good group of good people. It feels good to be around good people.



As students and athletes, we are role models for younger students I'm our district and community. Not only that but drugs and alcohol damage our brains, health, and reputation. To stay away from drugs and alcohol means to be a good example for younger students and to take care of yourself and your future.

Morgan Quirk

Activities: Above and Beyond, Softball, TADD, NHS

Hometown Hero: I chose Nick Drayton as my hometown hero. Mr. Drayton does so much for his students and our school community. You can really tell that he cares about what he does and he would do anything you ask him to do.

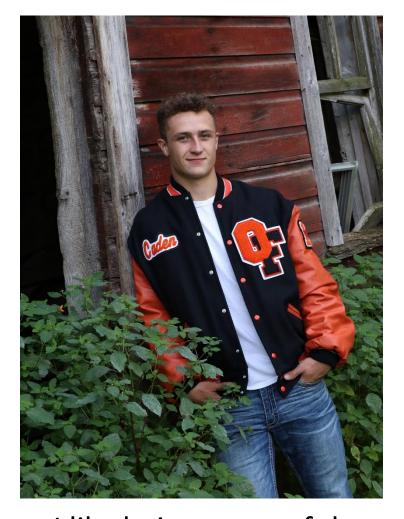


To properly represent our school as a student athlete or club member, being a good role model is something one must truly commit to. I feel this is crucial when one realizes that others are more than likely looking up them not only for guidance but for inspiration as well. Because of this, it is important to provide a good example and by doing so, you not only better yourself but others as well.

Jared Penkert

Activities: Above and Beyond, Cross-Country,

Hometown Hero: My Hometown Hero is Mr. Speckien. He is always in a fantastic mood that brightens up my day as well as those around me! He is always more than encouraging when asked for advice and honors honesty in an appropriate way. Mr. Speckien has always been an inspiration to me with his outgoing attitude.



I like being apart of the Above and Beyond Group because all of the students in it are good kids who work hard.

Caden Boettcher

Activities: Above and Beyond, Football, Baseball, Basketball and NHS

Hometown Hero: Donnie Kuehn is my hometown hero because he is always volunteering to help athletes get better.



I think it is important for student athletes/club members to be a good role model because everyone is watching you. No matter if it's in school or out of school everyone sees how you act. Little kids are the ones who notice the most of what you do and they imitate your actions. You want to set a good example for younger children who look up to you.

Sophiah Filla

Activities: Above and Beyond, Volleyball, Basketball and Softball, FBLA

Hometown Hero: My hometown hero is Mrs. Tera Simpson because she has showed me that it is okay to show who you are to others. I am always comfortable in the classroom now to voice my opinion and show my true colors. She has really helped me grow as a person mentally by telling me how to handle situations differently and that it is okay to have bad days. She really has taught me so much and I truly am so grateful for that.



I feel it is important for students to stay away from drugs and alcohol because of the long term effect that it will have on you. Drugs and alcohol influence the brain. All it takes is one mistake and the consequences could really affect you. It just makes sense to stay away from them!!

Garrett Koxlien

Activities: Above and Beyond, Football,
Basketball and Baseball

Hometown Hero: Bruce Bowerman, I chose this person because he never gives up on anyone. He trusts you and believes in you to do what you need to do. He will always push you to get better and reach your potential. He will never will put you in a situation that you cannot handle. That is why I chose Mr. Bowerman.



I enjoy being a part of Above and Beyond because this club is very involved with the community. It is also very involved with younger students, helping to keep them drug and alcohol free.

Chelsey Severson

Activities: Above and Beyond, Basketball, Softball, FBLA, and Student Council

Hometown Hero: My hometown hero is Sharon Steinke because she is a very relatable with students and is always willing to help anybody in need. She is very easy to talk to and always goes the extra mile for all of her students.



Your future is at hand if you choose to put yourself in the environment of drugs and alcohol. Your body goes through many changes if you drink or use. Being healthy is important at our age and we need to make good choices to be healthy.

Leah Reynolds

Activities: Above and Beyond, Dance Team, Track, TADD, NHS and FBLA

Hometown Hero: My mom, Lori Reynolds is my hometown hero. She has been my Girl Scout leader since kindergarten and pushed me to start my Gold Award. My mom does a lot for me and the people around her. She is willing to back me on my decisions and willing to try new things.



I like being part of Above and Beyond because we're always doing something to help out in the school and community, and we have such a positive impact on the younger kids in our district.

Colby Gunderson

Activities: Above and Beyond, Basketball and NHS, TADD, Friends for Life Mentoring

Hometown Hero: My hometown hero is Todd Kittelson because he's a role model in the community and coached our basketball team for five years.



Many of the younger kids look up to us as good people because we are in school related activities. If you are in school activities and you do bad things and the younger kids see you, they will think it's okay to do the same!

Marissa Olson

Activities: Above and Beyond, Basketball, TADD, Student Council, FBLA

Hometown Hero: My Grandpa Elmer is my hometown hero because he will do anything for anyone not matter what he is going through. He will always be there to help with things at home, family emergencies, or even just calling him to ask for some candy! My grandpa has a big heart and I'm so proud to call him my grandpa!!

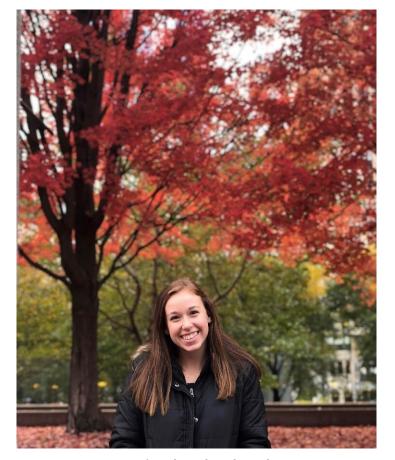


Being a good role model is important because having someone look up to you is an amazing feeling. Knowing that you can/will make a difference in someone.

Abbi Henke

Activities: Above and Beyond, Softball

Hometown Hero: Mr. Hall is my hometown hero. He showed me that there is more to life than just giving up when something gets hard. He helps me not only in the classroom, but also outside.



Drugs and Alcohol take away your freedom to do the things you love to do. At the time you may seem invincible but when that wears off it is back to reality. Sometimes reality stinks but find a better and healthier way to cope with it.

Madyson Rosman

Activities: Above and Beyond, Golf, Basketball, TADD, NHS and FBLA

Hometown Hero: Alaina Madison is my hometown hero. I chose Alaina Madison because she is always there for me and gives the best advice.



I think that it is important for student athletes and club members to be good role models because the younger kids in our school are constantly watching. They look up to high school kids and will do as they do, so you want to set a good example.

Hannah Walske

Activities: Above and Beyond, NHS, FBLA and FBLA

Hometown Hero: My hometown hero is Carol Dodge. She is an awesome woman who is caring and always helping around the community!



I like being part of above and beyond because it is a great group of people to be around. We are all good role models, and kids younger than us need people to look up to.

Megan Hefti

Activities: Above and Beyond, Volleyball

Hometown Hero: Trish Hefti is my hometown hero because she puts in an effort to make every sporting event. She is someone you can count on for anything, and will brighten your day just by talking to you.



High school is such a short time in your life, but it is the base of how your life will go. If you mess around and only care about having a good time by getting high or getting drunk your wasting your education. There's plenty of time in your life where you can do that, but as a student you should be focused on building your future not wrecking it.

Madison Hageness

Activities: Above and Beyond, Student Council, NHS, TADD, Tutoring, and Volleyball

Hometown Hero: Vicky Boullion is my hometown hero. She comes to every sporting event that she can make. This isn't even just Varsity games, she makes it to middle school games and out of school sports teams too. Vicky thinks of all of her former students as her kids, and she'll do whatever she can to be able to watch them grow throughout the years.



Drugs, alcohol and tobacco ruin your performance, friendships, and future. There's nothing good that comes out of it.

Coltan Dahl

Activities: Above and Beyond, Football, Basketball, and Baseball

Hometown Hero: I chose Frans Carlstrom because he's always giving to others, supporting others, and helping others. He's extremely selfless, and a great example for the community.



I think that students who are in athletics and or clubs to be good role models because younger kids are always looking up to us. They come to sporting events, and they hope to be just like the players and club members one day. It is important to be the best that we can be, so that younger kids will want to be just like the good role models we are.

Greta Nelson

Activities: Above and Beyond, TADD, Cross Country and Basketball

Hometown Hero: My grandpa John Haugen. I chose John Haugen because he is active in our community. He is a volunteer fire-fighter, and has been since he was a teenager. John also knows almost everyone, and would be the first to help anyone with anything they needed. He is very respected in Osseo-Fairchild, and he deserves it!



I feel it is important for students to stay away from drugs and alcohol because they will leave a negative impact on your body. They will affect the way you do things everyday. They won't let students preform to the best of their ability.

Rose Bohlinger

Activities: Above and Beyond, Student Council, TADD and Softball

Hometown Hero: My hometown hero is Todd Fischer. Todd was one of my adult leaders on ASP. Todd sets a good example of what it means to be a good role model. Todd is always there to help anyone. I know that I can go to him for anything, and he will be there to help.



I am proud to be a part of this community because everybody is willing to help each other. There is a sense of unity between people. No matter where you go, people are willing to help you with what you need.

Grace Lawrence

Activities: Above and Beyond, TADD

Hometown Hero: My hometown hero is Pam Graham. I chose her because she is always willing to help others before herself. She was also in the military which is amazing. She is so caring, kind, and selfless.



I feel that it is important for students to stay away from drugs and alcohol because there are much better things you could be doing for your body and for the others around you. It's important to make good choices so that bad ones don't affect your life negatively.

Alyssa Iverson

Activities: Above and Beyond, Cross Country, Basketball, Softball and TADD

Hometown Hero: For my hometown hero, I chose Sharon Jermstad. I admire her throughout the community because she is a very well known person for doing positive things. I chose Sharon for my hometown hero because she is always helping out at the church in town. In fact, throughout my confirmation she was my mentor. Also, another way that I see her benefiting our community is by working Osseo's local Ruby's Pantry.



I like being part of Above and Beyond so I can feel like a role model to younger kids.

Austin Pettis

Activities: Above and Beyond, Basketball and Baseball

Hometown Hero: My hometown hero is my dad, Chris Pettis because he has taught me a lot.

Brice Shimon

Activities: Above and Beyond, Football, Basketball, Baseball and FFA

Hometown Hero: My home town hero is Lisa Boettcher, I chose Lisa because I see all of her love and support towards not only people she knows but the people around her. I had a lot of respect and care for what she did every Wednesday opening her house to the football team and cooking dinner for us during film. I don't think I have seen Lisa without a smile on her face she is always in a positive mode!

I love being a good role model and a leader not only for the people I am around all the time but for the kids that might be watching because I want kids to look at me at a good role model and someone they want to live up to.

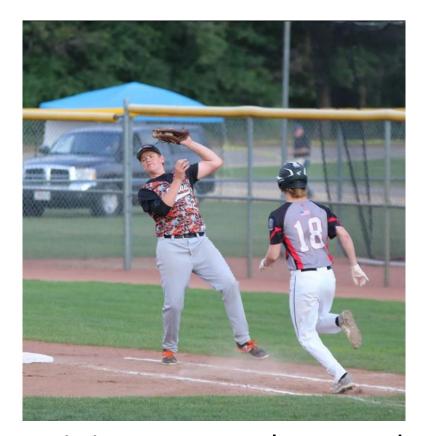


I like being part of Above and Beyond because it's an honor and hopefully makes other kids want to be in it

Dawsyn Lyngen

Activities: Above and Beyond, Football, Baseball, and FFA

Hometown Hero: Keith Nelson is my hometown hero. He volunteers at my church for Sunday school, and he is always interested in what kids are up to in school.



role model because younger generations look up to you and you represent your school and yourself while doing so.

Cory Myhers

Activities: Above and Beyond, FBLA, Football, Baseball, and Basketball

Hometown Hero: Eric Boettcher is my hometown hero because he does so much for this school and the community and a lot of times it goes unnoticed.



Alcohol and Drugs have a direct effect on your body's mental and physical composition. Losing focus in school or life can lead you down a path of poor grades and bad decisions. I feel it is important to take all necessary steps to succeed in your life; drugs and alcohol are definitely not going to help you.

Bret Kostka

Activities: Above and Beyond, Football, Wrestling, Track, TADD, National Honor Society and FFA

Hometown Hero: Dave Ferrier is my hometown hero. Dave strives to helps other achieve they're goals in life. I see him as being a great role model to me and others student athletes in the surrounding areas. We all appreciate what he does for US.

Hailey Ness

Activities: Above and Beyond, Cross Country, Track, Tadd, FFA, Friends for Life Mentoring, Musical, and FBLA

Hometown Hero: My Hometown Hero is Coach

Wood. Everyday in Cross Country, she pushes me to keep pushing and do my best. She has taught me that the race is against yourself not the other runners. She's a huge role model not only to me, but the whole team. Coach keeps us motivated to run, even when it sucks and we don't want to. Coach wood is not only my coach, I think of her more of my cross country mom. Ever since I joined Cross Country, she's put a huge impact on my life these past 2 years. She has helped me get the mile split times I've wanted since I started out running. She has gotten me to train so much, even though I think it just plain sucks. Coach Wood has gotten me to see that hard work actually pays off. I honestly can't thank her enough

I like being a part of Above and Beyond, because its a lot of fun to show little kids that you don't have to be perfect to be kind and have fun.



I am proud to be a part of the Osseo-Fairchild community because of the continuous support it provides. No matter the need, our community always finds a way to rally together the people and recourses necessary to tackle an issue.

Maddy Mulcahy

Activities: Above and Beyond, FBLA, Basketball, TADD NHS

Hometown Hero: My hometown hero is Naomi Bodway. Naomi shows kindness to everyone she interacts with, and she always makes herself available to anyone in need. She is an amazing mentor and friend.



Students should stay away from drugs and alcohol because they can mess up your life.

Connor Dosher

Activities: Above and Beyond, Football and Baseball

Hometown Hero: My hometown hero is Joe Dosher because he is very involved in our community.

I feel it is important for club member to be a good role model because many younger students look up to you and may follow your example. You want them to look at you as a good and positive person.

Abby Mulcahy

Activities: Above and Beyond, Basketball, Volleyball, TADD and FBLA

Hometown Hero: Andy Gunderson (my grandpa) is my hometown hero because he always supports the school with their sports and clubs.

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Showing others happiness is incredibly important to me. You get more out of life if you go through joyfully. In having that attitude you naturally become a better role model to your peers. When someone is a good role model there is always a bright outcome to follow and we need more of that!!

Katie Gearing

Activities: Above and Beyond, NHS, Archery, TADD, FFA, Mentoring and Track

Hometown Hero: My hometown is Linda Ness. Her kindness and compassion for others radiates. Without hesitation, Linda goes out of her way to make others feel welcome and cared for. Through each of these things, in addition to many other positive qualities, you can tell how considerate Linda is!



I think it's very important for student athletes and club members to be good role models because they never know who they are inspiring and who's following in their footsteps.

Cole Windhorst

Activities: Above and Beyond, Cross Country and Track and Field

Hometown Hero: My hometown hero is Mrs. Hanson because she is always willing to help me and other students with their work and always puts in the time to help whether it is during school or after.



It's important to realize the correlation between alcohol and drug use and personal growth and performance. Not only does it affect your body, but also your mind, growth, and even your future. Overall there are just too many negative consequences to make using drugs and alcohol worth it.

Kaylie Mayer

Activities: Above and Beyond, Student Council, National Honor Society, and TADD, and Mentoring

Hometown Hero: My hometown hero is Jamie Beltz. She has always been a great role model to me and someone who is able to bring positivity to any situation. She is not only supportive but also extremely passionate and determined towards any task that is put in front of her. Jamie has helped me grow, learn and most of all has given me priceless memories to last a lifetime.



I like being part of Above and Beyond because it's a positive family that has a bond like no other.

Camryn Christopherson

Activities: Above and Beyond, Forensics, NHS, Dance and TADD

Hometown Hero: My hometown hero is Dani Rud. She took the role of being the Osseo-Fairchild dance coach this year and made a small team a family. Dani has taken her own time to help me out and did it with a smile on her face. She is someone I aspire to be and I can't thank her enough for all she's done for me.



As a young adult, drugs and alcohol can be particularly harmful. Bad decisions stem from drug and alcohol use, those decisions affect an individual negatively for many years. Not only do drugs distress mental health though, they greatly impact physical performance and diminish athletic ability.

Shaun Windhorst

Activities: Above and Beyond, NHS, Football and Baseball

Hometown Hero: Lisa Boettcher is my hometown hero. Lisa is a wonderful woman. Besides being arguably the most supportive and loud Thunder fan, she does a great job of tending to the needs of the Thunder football team. She cooks a full meal for 20 plus boys every Wednesday and couldn't be more happy to do it. She loves all of us and I appreciate that greatly.



Drugs and alcohol are terrible for minds and bodies. Athletes and club members who take drugs or alcohol are at risk of letting their team members or club members down.

Kari Herman

Activities: Above and Beyond, Cross Country, Basketball, Track and Field, TADD, Band, and National Honors Society

Hometown Hero: Lynne and Gary Anderson are my "Hometown Heroes." Lynne and Gary Anderson volunteer and give much of their time to the Osseo community. Lynne teaches Sunday school at the United Church of Christ in Osseo and for the past 20 years has been the Miss Osseo Coordinator. Gary is an active member of the Osseo Fire Department, can be found supporting sports teams throughout Osseo, and helps Lynne with the Miss Osseo events. They teach volunteerism and responsibility to new court members each year through the Miss Osseo program by having each member volunteer at Ruby's Pantry, the nursing home, Harvest Suppers, and kids events. Lynne and

Gary are very special to our town and me.



I love being apart of Above and Beyond because we are always involved and do a lot of events for the kids.

Amiah Faldet

Activities: Above and Beyond, Volleyball, TADD, Student Council and FBLA

Hometown Hero: Coach Madison is my hometown hero because she works so hard to make us a great team and if we ever need to talk she is always there ready to help.



Everyone that is in above and beyond is just awesome it is such a fun group and the projects we do are fun and exciting.

Ashton Bertrang

Activities: Above and Beyond, Volleyball and Dance

Hometown Hero: Mrs. (Nicole) Nelson is my hometown hero. I chose her because she is willing to help me at any given time or moment. She is a huge role model to me and She is just a great person in general.

Drugs and alcohol just ruin you. They tear you away from your family, friends, school, etc. There is nothing "cool" about them and they sure don't make you cool.

Cierra Hansen

Activities: Above and Beyond, TADD, FBLA, Student Council and Softball

Hometown Hero: Frans Carlstrom is my hometown hero. After meeting Frans on ASP he has forever changed my life! I've never been able to talk to anyone the way I was able to talk to Frans. We had a great bond when we first meet and it still hasn't changed! I'm so thankful Frans was able to help me through life obstacles!



I'm proud to be apart of the Osseo-Fairchild community because everyone is so close and accepting. You can always expect a full crowd where everyone is so supportive of the sports and extracurriculars at school.

Keila Kittelson

Activities: Above and Beyond, Golf, Basketball, Track, FBLA, and NHS

Hometown Hero: A hometown hero of mine is Shirley Bagley. I have known Shirley since I was little and she is always there if I need her to be. She is always willing to lend a helping hand and I know I can always come to her if I need anything



It's important to be a good role model because you never know who is watching; it can be a community member or a little kid watching a basketball game. You always want to represent yourself in a positive and encouraging way. Also, it will impact your teammates and help you be a leader.

Autumn Volbrecht

Activities: Above and Beyond, Basketball, FBLA, NHS, TADD, and Student Council

Hometown Hero: My hometown hero is Erik Metzler. I admire Erik because he's been by my side since the third grade. He was my coach for five years and he supported and encouraged me everyday, weather it was practice or a game. He still continues to work with me and always gives me confidence. He always wants me to be the best person I can be. He's shaped me as a person because of basketball and has taught me real life lessons.



Drugs and Alcohol are things that can really mess up your life. Your performance in school and sports will decrease, because they mess with your brain. It is against the rules to drink alcohol and do drugs while your in sports, so if your are caught, you're kicked out!

Heidi Strey

Activities: Above and Beyond, Track, FFA, TADD, and NHS

Hometown Hero: Curt Nelson is my hometown hero. I met him about two years ago, when he and his family moved in the house up the road from me. He is a very hardworking person, and would be willing to help anybody out. Last year, Curt came and served food from Osseo Family Restaurant. He made it possible so all Above and Beyond members could have a free delicious meal. Whenever my family gets together with the Nelsons, I am always so amazed by his stories of taking care of the kids all by himself when they were little. He has a lot of determination in him, and he is a very positive role model to me.

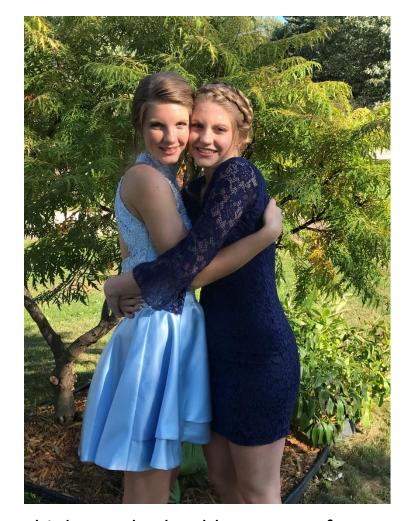


The younger students look up to us. We set the example for them of what being a strong leader in the community looks like. In no time, they will be the ones setting examples for the generations beneath them. By watching us, they learn what it is like to be role models in their future.

Madison Volk

Activities: Above and Beyond, Band, Color Guard, Choir, Acapella Choir, FBLA, Student Council, Quiz Bowl, Volleyball

Hometown Hero: My hometown hero is Alaina Madison. In my many years of playing volleyball, I have not had a coach that believed in me as much as she did. She pushed me to always put my everything into the sport. Coach Madison brought my love for the game back and I am very thankful to have had her for my senior volleyball season.



I think people should stay away from drugs and alcohol because 1. They are not good for your health, 2. They make you a worse person then you can be. You don't need drugs and alcohol to have fun, and you are an overall better person without them.

Makayla Steinke

Activities: Above and Beyond, Choir, Band, Volleyball, Basketball, NHS, Tadd, Jazz Band, A Capella Choir, FBLA

Hometown Hero: My hometown hero is Mrs. Hanson. She is always willing to help me in the classes I have with her, and she will listen to any problems the students have. She is such a good role model to kids, and she makes learning fun. I know I can always count on her to believe I can do well and succeed in both school and sports.

Bella Nicolai

Activities: Above and Beyond, NHS, FBLA, and Golf

I am proud to be a part of our community because there are so many people that love helping others. Even though we are your typical small town, everyone is very supportive of the school and sporting events.

Hometown Hero: My hometown hero is Patti Mathews. Patti is one of the most caring and loving people. She is trustworthy, reliable, and would do anything to help someone in need.

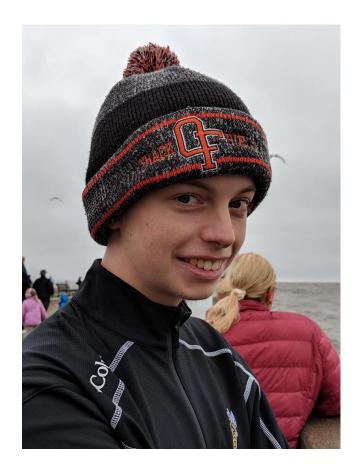


The more leaders and positive people you have in any group, the better the group will be.

Trevor Hammer

Activities: Above and Beyond, Basketball and Golf

Hometown Hero: Ken Kaufman is my hometown hero. He doesn't get the credit he deserves for being a such an important person in my life. This is my Grandpa, he has 5 grandchildren and finds time to help out all of us, I don't know where I would be without him.

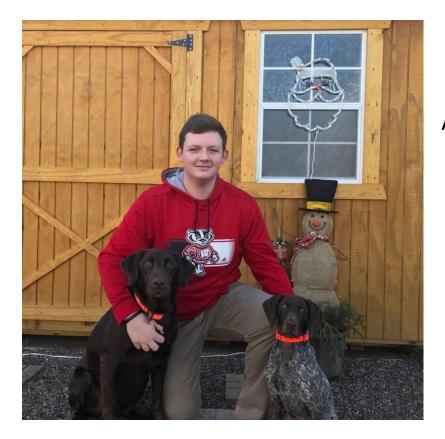


It is important for students to stay away from drugs and alcohol for many reasons. Some big reasons are that it can stunt growth, harm the lungs, and can get you suspended from sports activities.

Josh Porter

Activities: Above and Beyond, Cross Country, Track, Basketball Manager, Archery, A/V Club, Spanish Club, NHS, Science Olympiad, Musical, High Quiz Bowl, Forensics

Hometown Hero: My Hometown Hero is Mrs. Amy Vogt. I chose here as my hometown hero because she just started teaching at Osseo and she go straight into it like she had been working here for years. She helps me a lot when I need help in her class and always works to make me and my fellow students better.



I'm proud to be part of the Osseo-Fairchild community because are community is willing to buy stuff for school trips and fundraising also they are very good about coming and supporting are athletes and there teams.

Wyatt McCune

Activities: Above and Beyond, Basketball and Baseball

Hometown Hero: Brandt Freitag because he's always willing to help in the community by working at the hospital and by helping coach baseball.



Managing your time as a teenager is hard enough. Between school, work, sports, and clubs, there isn't a lot of time to do much else. By getting involved in drugs and alcohol, you are setting yourself up to not be the best you can be in all of the different things you do.

Korynn Metzler

Activities: Above and Beyond, Basketball, Volleyball, Student Council, NHS, FBLA, TADD, Choir, A Capella Choir

Hometown Hero: My hometown hero is Nicole Nelson. Mrs. Nelson always puts her students before herself and is willing to help anyone. She has taught me the power of staying positive and having confidence in myself.



I like being apart of Above and Beyond because I like being apart of something that will positivity impact the school, and make it a safer, nicer place to be!

Sadie Bowerman

Activities: Above and Beyond, Volleyball, Softball, NHS, Student Council, Accapella Choir, TADD

Hometown Hero: I chose Allyson Barka as my hometown hero. She has been not only a great leader and mentor but she is a great person and friend. Throughout the ASP trip I could always look to her for a good laugh. She always knew what to do when I was sad, happy, or "injured". I can't thank her enough for being an amazing role model to not only me but so many peoples lives she's touched on ASP.

Riley McIlquham

Activities: Above and Beyond, Basketball

Hometown Hero:
Isaac McIlquham is my
hometown hero
because he is my
brother and was my
role model growing up

I am proud to be apart of the community because I like the small town feeling.

Courtney Dosher

Activities: Above and Beyond, Volleyball



It is important to be a good role model because if you are not a good role model the little kids will think it's ok to have bad behaviors.

Hometown Hero: Amanda Shelton is my hometown hero because she is always working hard and still makes time for her 2 boys

Luke Fischer

Activities: Above and Beyond, Football, Wrestling and Baseball

Hometown Hero: Frans Carlstrom is my hometown hero because he is a great person and if you need to talk to someone you can talk to him. he is very involved in the community and He comes to a lot of sport events. he is also great role model that is why he is my home town hero.

I like being part of Above and Beyond because it helps me get more involved in the school and community.



I like being part of Above and Beyond because it's something new to try and I feel like I fit in well.

Taylor Nelson

Activities: Above and Beyond, FFA, TADD, and Track

Hometown Hero: My dad, Curt Nelson, is my hometown hero because he is all around amazing. He's always there with advise for any situation. His positive attitude is one of his strongest qualities. There isn't a time he doesn't have a smile on his face.

Justice Erickson

Activities: Above and Beyond, Spanish Club, FBLA, and Student Council

Hometown Hero: Mr. Bergeron is my hometown hero, because he is a very organized teacher. He wants everybody to do well (along with other teachers) but he has everything organized and set up weeks and even months in advance. He is a very dependable person and helps us when he can before, after and during school.

It is important to stay away from drugs and alcohol because it causes you to make terrible decisions that you don't even realize that can ruin your future. It can leave you with many regrets later on.

Dominic Herman

Activities: Above and Beyond, A capella Chior, Basketball, and Gaming Club

Hometown Hero: My father, Ryan Herman, is my hometown hero. With out him I wouldn't be in the position I am in today.

Athletes and club members should be good role models because they are people who are easy to look up to.



I like being part of our community because the Osseo-Fairchild community sticks together, and I love that.

Jackson Johnson

Activities: Above and Beyond, Football and Baseball

Hometown Hero: My mother, Kim Johnson is my hometown hero. My mother has always been there for me. She is my only role model in the house, and as I get older I start to realize how strong and kind she really is. I couldn't ask for anything better than my



away from drugs and alcohol because, aside from the obvious reasons of addiction and harm to health, they take away from your chance to learn and better yourself.

Gabe Schnell

Activities: Above and Beyond, Spanish Club

Hometown Hero: My hometown hero Mrs. Hanson. She cares about how each individual student is doing, and she does her best to make sure that they have everything that they need to be a successful student.

Alex Treml

Activities: Above and Beyond, Spanish Club, and TADD

Hometown Hero: My hometown hero is Trevor Olson. Trevor is my pick because he's lived in Osseo all of his life and has experienced all of its ups and downs over the past 30 years. Throughout the past 30 years, he's continuously helped members of the community regardless of how menial or small the task is without complaint.

I feel it's important to be a good role model because you may not think it, but others watch the way you carry yourself and what you do. Even if unintentional, you're shaping the lives of those around you with your actions. You may as well make those actions good.



I'm proud to be part of this community because its full of nice caring people. Osseo is a small town where everyone knows everyone and they are willing to help one and other out no matter what. This is a great community to be a part of and the people here are very kind and loving.

Hailey Abram

Activities: Above and Beyond, Basketball, Volleyball, Archery, Spanish Club, and Quiz Bowl

Hometown Hero: My hometown hero is my mother Michelle Abram because she is a strong independent woman. She started her own business as a baker and does multiple donations around the community. She is an entrepreneur who is pursuing her dream job while raising four children.

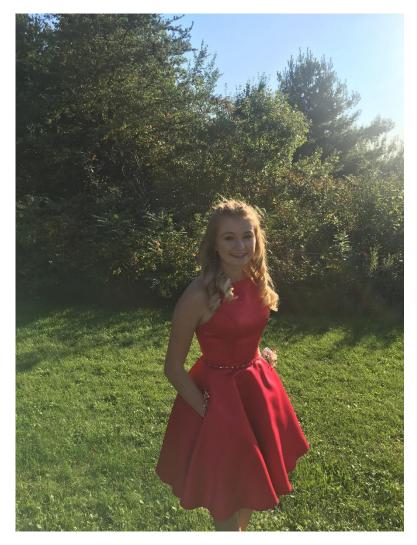


It is important to be a good role model because a lot of the middle schoolers look up to the high schoolers and think it's cool to do the things we do

Zoey Lafky

Activities: Above and Beyond, Volleyball and Softball

Hometown Hero: Sienna Chumas is my hometown hero. She is so outgoing, nice and hilarious. She will help anyone who needs it and will listen to anyone that needs to talk about something.

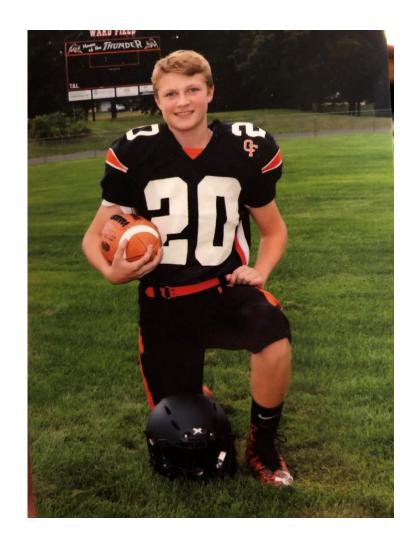


Doing drugs doesn't make you any cooler than people who don't. You can also risk getting kicked out of sports

Dezaray Eisberner

Activities: Above and Beyond, Basketball, Volleyball, Track, FFA, and FBLA

Hometown Hero: Nicole Nelson is my hometown hero. She is a person you can talk to and feel comfortable around her. She wants to make you a better person and maybe even a better athlete.



I like being part of our community because everyone here helps each other when needed.

Keyton Boettcher

Activities: Above and Beyond, Football,
Basketball and Baseball

Hometown Hero: Mrs. Simpson is my hometown hero. She is very kind and helps around the community



I feel it is so important to stay away from drugs and alcohol because it leads to bigger and worse decisions. Especially if you value your education drugs and alcohol send you down the wrong path.

Lacey Frase

Activities: Above and Beyond, Basketball, Softball, TADD, and Student Council

Hometown Hero: My home town hero is Les. He is an all around amazing person and I look up to him completely! His position at my church was youth pastor he taught me through my first year of confirmation. He is such a happy guy and he is able to walk in a room and get a positive reaction from everyone! Though my confirmation he taught me so much more that religion how to be an accepting and involved member in my church and in life. Les has had such a great impact on my life and I am so glad I got to be a part of his class and learn things I will never forget!

Abby Lone

Activities: Above and Beyond, Volleyball, FBLA, and Student Council

Hometown Hero: My hometown hero is Lisa Boettcher. She always puts in an effort to make everyone better. She cares about how everyone is feeling, and always puts others before herself both as a teacher and a person.

Drugs and alcohol can ruin your life in a second. It destroys relationships, and everything you've worked for.



It is important for people to be a good role model because people are always watching you even if you don't notice it they are watching and you want kids to see you do good things and not bad.

Brooke McCune

Activities: Above and Beyond, Volleyball, Basketball, and Softball

Hometown Hero: Alaina Madison is my hometown hero because she handles problems so well and has fun with the people around no matter who is with her and always tries to be positive.



I am proud to be a part of this community because it is simple and there isn't a lot of big negative things that happen within it.

Kaden Moseley

Activities: Above and Beyond, Football and FFA

Hometown Hero: My mom, Linda Moseley, is my hometown hero because she cared for both me and my sister. If it wasn't for her I wouldn't be where I am today.



It is important to be a good role model as an athlete because other people in the community look up to you and see what you're doing.

Rachel Moe

Activities: Above and Beyond, Volleyball,
Basketball and Softball

Hometown Hero: Sienna Chumas is my hometown hero because she always motivates me to do my best and sees a lot of potential in me, which not everyone sees.



I am very proud to be a part of this community because everyone tries to lift one another up. It is very gratifying to see how everyone can get along.

Amara Wilkinson

Activities: Above and Beyond, FBLA, FFA, Musical, Forensics, and High Quiz Bowl

Hometown Hero: My mom, Emily Wilkinson is my hometown hero because she always has been there for us kids when something needed to be done. She supported my dad when he decided to start his own business, while driving my brother and I to and from school activities. She also has to deal with kids at her job and then come home and deal with us.



I am happy to be part of Above and Beyond because it is a nice way to spend extra time. I also want to be part of the reason people are happy, and positive.

Mariah Steinke

Activities: Above and Beyond, FBLA, Volleyball, Basketball and Track

Hometown Hero: My hometown hero is Naomi Bodway. Naomi was my Confirmation Mentor last year and she made me open my eyes to what many people do for the community, including herself. When we met together for the first time, I didn't really know what was going to happen and how things were going to work. My sisters had worked with her before on ASP, and had told me that she was very outgoing and one of the sweetest people you'll meet. I'm a very shy person and was anxious to meet her. From the moment I began to talk to Naomi I knew that she would help me grow as a person in a very positive way. She is one of my role models, and I look up to her in many different ways.



It is important to be a good role model as a student athlete because the younger student athletes will look up to us

Michael Ziegler

Activities: Above and Beyond, Basketball

Hometown Hero: Mom, Anna Ziegler, is my hometown hero because she is always there for me, even though I put her through a lot.