

**The Above and Beyond 'Thunder Clap'  
Recognition for the Week of November 13th:**

# Kara Skoyen



## Hometown Pride:

"I am proud to be a part of the O-F community because I have been able to take part in many amazing opportunities and organizations. I am surrounded by great teachers, coaches, and peers who have pushed me to improve in everything I do, and who make me feel valued and supported. Taking part in sports and school groups, that have allowed me to have fun, help others, and better myself, has been such a special experience. I value the O-F community as it is one of the reasons I am who I am today. I feel blessed knowing I have people around me who I can count on and who will look out for me. I am proud to be a part of a community that is welcoming and caring of its people."

## Bleacher Report (activities):

Sports: Volleyball and Basketball

Clubs: Above and Beyond, Student Council, NHS (National Honor Society), FBLA (Future Business Leaders of America), Culture Club, Hope Squad

Outside of School: OELC (Osseo Evangelical Lutheran Church) youth group and ASP trip (Appalachia Service Project)

## Thunder Role:

"I think it's important to be a good role model because many younger students at OFSD look up to the older students. I want to show younger students that high school can be a great experience and that being involved in school clubs and sports is fun so that they, too, want to be a part of these groups. I remember looking up to high school students when I was younger, and I want to be that person that younger students look up to in a positive and inspiring way as well."

## Topic Thunder:

"I think it's important to stay away from drugs, alcohol, and tobacco as an athlete and club member because these substances affect the brain and body in a negative way. School and sports are a very important part of my life, and drugs, alcohol, and tobacco would alter my performance at both of those. I do not think that these substances are worth risking my education, involvement in sports, or health."

## Scouting Report (quotes from teachers):

"Kara is one of the kindest students and people I have ever come across. She is unrelentingly polite, positive, enthusiastic, and kind. She works hard, treats others well, and exhibits gratitude." – Mrs. Velasquez

"Kara Skoyen is extremely thoughtful, hard working, and kind. She puts her all into every single assignment, and she's always there for a friend. Overall, she makes Osseo-Fairchild a much better place!" – Mrs. Lane-Neddermeyer

## Fan Deck (quotes from peers):

"Kara Skoyen is very very smart and is really easy to talk to."

"Kara is very active in most clubs and sports. She's a good role model and we all look up to her."

"Kara is active in sports and many clubs. She is very kind and helpful in the community. She volunteers for many events to help out the community."

"Kara is super kind and she brings other up. She is in a lot of sports and a good role model for the people in them."

"Anytime I miss a day of school I always go to Kara for any information I missed and she is super kind about it and is very hardworking so I know I'm always getting the best information."

"Kara is always willing to give a hand when people need it the most. Her personality and kindness is shown to everyone without hesitation."

"Kara always tries her best and works for what she wants."

"Kara Skoyen is responsible, is good to talk to, and gets her work done efficiently."

## Hometown Hero:

"Mrs. Velasquez is my hometown hero. She has made Spanish an enjoyable and fun subject to learn. She is passionate about teaching and cares about her students. This summer I was able to go on the Spain and Italy trip because of her Spanish class. That trip was the most impactful experience and opportunity I've ever had. All of us students put the skills she taught us into practice, and even just being around the Spanish culture made me feel so grateful I had decided to take her class. Besides the unbelievable trip I was able to experience with her, Mrs. Velasquez is overall a funny, comforting, caring, and exceptional human being. I'll never forget the moment when we shared our favorite part of the trip on one of the last nights of the trip. Mrs. V teared up and shared with us how proud she was of each and every one of us, and how lucky she was to have us as students. That moment shows just how much she cares for her students and is our biggest cheerleader. Spanish is a class I have always looked forward to taking, and Mrs. V has made the class inspirational and super educational. I am so glad I have taken this class and gone on the trip, as it opened my eyes to other parts of the world. The memories and laughs she has influenced have been some of the best moments I'll remember from high school. Better yet, I am so grateful to have learned about this culture with the best human being and teacher ever, Mrs. Velazquez."