

NAME _____
Emphysema and Unhealthy Lungs

Smoking causes emphysema. In people with emphysema, the lung tissues necessary to support the physical shape and function of the lung are destroyed. Yesterday we did an activity to show what it would be like to have emphysema. We took a straw and walked around only breathing through the straw.

1. Was the straw hard to breathe through? Why?
2. How did you feel physically when you could only breathe through the straw?
3. People with emphysema deal with this fight to breathe every day. How might this affect their daily lives? (think about the examples from the video also)
4. What kinds of activities that are important and fun for YOU would you have to sacrifice if you had this condition?

