

Welcome to 7th Grade Health Class



The main focal point in 7th grade health is healthy eating. See the 8 health standards on the wall (we'll come back to them)!

If you are a student who has health on Monday and Wednesday you are considered a week 1 student. This means if we are on a week 1 schedule you will have health class on Monday, Wednesday and Friday.

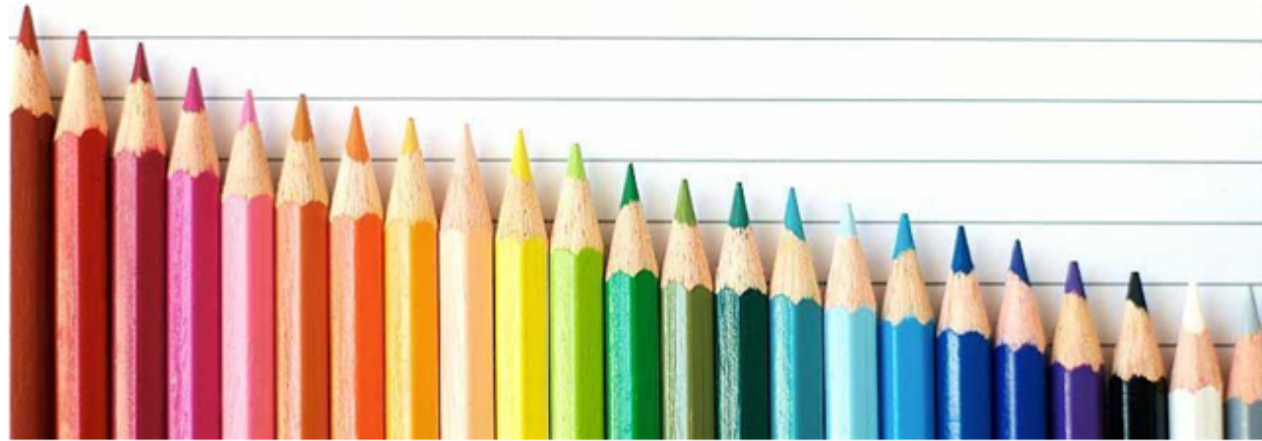


If you are a student who has health on Tuesday and Thursday you are considered a week 2 student. This means if we are on a week 2 schedule you will have health class on Tuesday, Thursday and Friday.



This week is a week 1. You can tell that it is a week 1 by looking at the sign on the classroom door. I believe Mrs. Nelson might have a 'week 1' and 'week 2' sign up also.

What will I need to bring to class?



- Folder to keep handouts and corrected assignments (keep old assignments until semester is finished)
- Old used notebook with a handful of blank sheets in it or loose-leaf paper in a binder
 - Writing utensil - dark pen (no yellow its hard to read) and / or pencil
 - Correcting PEN - any form of red (orange, red, maroon or pink etc.)
 - Skyward set up and accessible
 - Planners to record assignments



BE ON TIME! As with any class, you are expected to be to class on time. That means in your seat with your materials out and ready to learn. If you are late, you are expected to have a signed pass from a teacher, principal, or office employee. We do keep track of tardies! If you need to use the restroom, check in with me first so you wont be considered late.



If you are absent it is YOUR responsibility to contact me about what you missed. Do this the day you are back (even if you don't see me until the next day). If you are feeling better you can check the classroom website or email me to get the assignment / information. If you are absent the day before a long term assignment is due, the assignment is still due on the assigned date. If you are sick the day before a test that was noted earlier, you may still be expected to take the test on the assigned day. You will have the amount day days absent plus one to hand in an assignment.

Chromebooks



We have a classroom set of chromebooks. They will NEVER leave the classroom. You will only use the chromebook that is assigned to you. Check gray binder if you forget which is yours. Report any damage as soon as you get your chromebook so that you do not get blamed and charged for it. Chromebooks will only get plugged in to charge after hour 8.

Resources that you can use to get missed information:

- www.ofsimpsonclassroom.weebly.com

Lets all practice getting to the website. Once you are there, bookmark it for future use. You bookmark something by clicking the star up on the taskbar until its yellow.

The screenshot shows a web browser displaying the website for Mrs. Simpson's Classroom. The browser's address bar shows the URL www.ofsimpsonclassroom.weebly.com. The website has a light blue background with a yellow banner at the top. The banner contains the text "Mrs. Simpson's Classroom" and a navigation menu with links for "Home", "About", "Contact", and "more...". Below the banner is a large graphic featuring the Osseo-Fairchild Thunder logo and a welcome message: "Welcome to OF's Health and Anatomy & Physiology Classroom Website". The message states: "Here you will be able to access note assignments and other classroom to You can also communicate with classmates and me about classroom questions." Below the graphic is a blue button labeled "About Mrs. Simpson". To the right of the banner is a vertical list of links, including "6th Grade Health", "7th Grade Health", "8th Grade Health", "High School Health", "Anatomy and Physiology", "Anatomy Through Dissection", "Health and Fitness Elective", "Osseo-Fairchild Alumni in Health Careers", "Above and Beyond", "AODA Parent Survey", "Meet The OFHS Staff", and "Kick Butts Day". Below the banner are three columns of course links: "Current Courses" (7th Grade Health, 8th Grade Health), "Previous Courses" (Health and Fitness, 6th Grade Health), and "Other Fun Things" (Above and Beyond, OFHS Alumni in Health Careers). The browser's taskbar at the bottom shows the Windows logo, the Cortana search bar, and several application icons. The system tray on the right shows the time as 12:51 PM on 8/24/2016.

Resources that you can use to get missed information:

- Skyward - with tests and big point assignments I will post a message with any attachments that may go along with it (usually as a link to my website)

Osseo-Fairchild High School (080)
002771/017 Prd: 7 Health

Tera Simpson Account Preferences Exit ?

Home Teacher Access Administrator Access

Class Messages Favorites New Window My Print Queue Back

Message Center - For All Classes

	Post Date	Created By	Class	Description	Message	Unread	Total	Recalled
1	01/04/16		002771 / 017	Health	Sex Education Permission Slips			N
2	01/04/16		002771 / 014	Health	Sex Education Permission Slips			N
3	12/22/15		000875 / 021	Health 8	Summative Assignment for 8th Graders			N
4	12/22/15		000875 / 011	Health 8	Summative Assignment for 8th Graders			N
5	12/15/15		000999 / 011	Homeroom	HAMR Time Holiday Gift Exchange			N
6	12/10/15		000775 / 023	Health 7	7th Grade Health Nutrients Test			N
7	12/10/15		000775 / 013	Health 7	7th Grade Health Nutrients Test			N
8	12/08/15	Matilde Rodriguez	[Student]	Matilde Rodriguez			1	N
9	12/08/15		000875 / 021	Health 8	Sex Education Permission Slips			N
10	12/08/15		000875 / 011	Health 8	Sex Education Permission Slips			N
11	12/01/15		000875 / 021	Health 8	Health Education			N
12	12/01/15		000875 / 011	Health 8	Health Education			N
13	11/24/15		000775 / 023	Health 7	After Break		1	N
14	11/24/15		000775 / 013	Health 7	After Break			N
15	11/24/15		000675 / 022	Health 6	After Break			N
16	11/24/15		000675 / 012	Health 6	After Break		1	N
17	11/19/15	Alli Atwood	[Student]	Alli Atwood			1	N
18	11/17/15	Isabelle Popple	[Student]	Isabelle Popple			1	N
19	11/09/15		000999 / 011	Homeroom	Parent Teacher Conferences			N
20	11/04/15		000999 / 011	Homeroom	Parent Teacher Conferences			N

Filter Options

Add Message for Multiple Classes

Add Message for Current Class

Edit

Clone

Recall

Resources that you can use to get missed information:

- I will also have a limited number of hard copies in my classroom. You can find old assignments in the color drawer that matches your grade.
- If you have any questions, please email me. My email gets sent to my phone so if you don't hear from me within a couple hours try emailing again (unless its like 3am...you should be asleep!) My email is tsimpson@ofsd.k12.wi.us

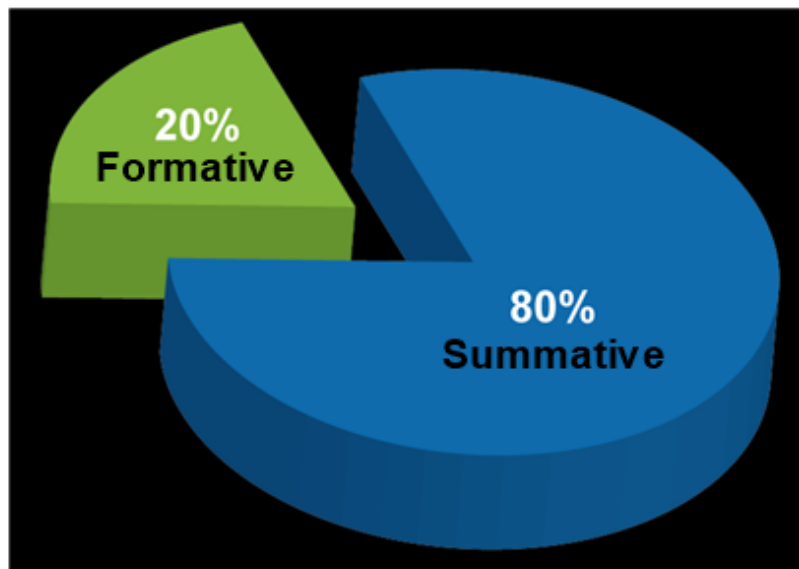


- If something comes up beyond your control (family emergency, three tests to study for in one night, etc), and you took the appropriate measures to help yourself (emailed me, checked skyward, looked at website etc.) and you still did not get an assignment done, see me BEFORE school to let me know what happened. If you wait until I am collecting the assignment in class or taking a quiz etc. I will assume you forgot.



Grading

Basically, tests and projects count for more than what normal assignments do. This is because it is assessing the cumulative information from a chapter or unit.



"Formative" assignments are things like worksheets, daily assignments and quizzes. These grades will account for 20% of your total grade. In 7th grade, this grade comes mostly from 1-2 quizzes or in class activities per week on material covered.

"Summative" assessments include things like tests and large projects. These hold more weight and account for 80% of your grade.

Grading Scale

Even though it may seem as if the quizzes or homework doesn't matter because it only equals 20% of the total grade, a student who gets 100% on **EVERY** test will still only get a B- if she never does homework or doesn't prepare for quizzes. Plus the homework and quizzes are practice for the test so she will probably not get 100% on the tests if she doesn't practice.

Retake opportunities will only be available on summative assessments and will be a different form and will be addressed after each test. Students who **CHOOSE** to retake their tests will have one week to do so. Students who **MUST** fix may be awarded more time to prepare.

A	=	92-100%
A-	=	90-91%
B+	=	88-89%
B	=	82-87%
B-	=	80-81%
C+	=	78-79%
C	=	72-77%
C-	=	70-71%
D+	=	68-69%
D	=	62-67%
D-	=	60-61%
F	=	59% and below

PS: I do NOT round up. You get what you have earned.

Be Respectful!!!



Just Be Nice. Its
That Simple.

**In health class
sometimes we cover
some things that may
be considered
sensitive topics.
Participate and ask
questions but make
sure that we always
try to make everyone
feel comfortable in this
class.**

NO cell phone use in class. This includes work time. I will take it. Consider this your warning.



Did you know that research shows that even having your phone in sight (even face down) decreases concentration rate?

**Models and lab items are expensive.
Treat them as a learning tool. Never
touch anything without my permission.**



Bring water bottles and stay hydrated!!!



No food or beverages (other than water).



This includes no gum.



Keep all four legs of the chairs on the floor at all times. Please don't sit on tables.



Talk to me!!!

**If you need help with something please
ask.**

**Also, I love hearing about things that
you did on the weekend, the game that
you won last night, the dance recital,
your new baby brother, the new puppy
etc.!!!**