

Above and Beyond

OF



2019-2020

OF ABOVE AND BEYOND 2019-2020



Staying away from drugs and alcohol in high school allows you to develop into who you really are without any artificial influences. It shows a really strong person who can be who they want to be instead of giving into pressures from people who think differently than you.

Tera Simpson

Adviser

Activities: Above and Beyond Adviser, Health Education and Science Teacher, TADD Adviser, AODA Coordinator, Varsity Girls Basketball Coach

Hometown Heroes: My parents are my hometown heroes. My dad, Jim Opperman, drives an hour each way every day and even farther on game days to help me coach the girls basketball team. My mom, Cathy Opperman supports me in a different way being there as a listening ear and is always ready to drop what she is doing to help with the kids if I need her to. Without them, I am not sure if I would be able to contribute to the activities that I am in charge of as much as I need to for them to be successful.

Ben Dewitz

Activities: Above and Beyond, Pep Band and Jazz Band

I like being part of Above and Beyond because of the food and meetings and being around the people that are in this group.

Hometown Hero: My uncle Brian is my hometown hero because he is some one that I look up to, and he pushed me to drive steam engines. I am happy he did that for me because I met a lot of new people and friends.



Morgan Quirk

Activities: Above and Beyond, Softball, TADD, NHS, AV, Band

Hometown Hero: I choose Chad Frase as my hometown hero. I know Chad primarily because he is my softball coach. He has gone to great lengths to improve and rebuild our softball program. I appreciate everything he has done, and I appreciate him as a coach and person. He does so much for very little recognition!

Using drugs and alcohol can negatively impact your performance and reputation. It is NOT worth damaging your relationships with friends, peers, teammates, and leaders.



With the understanding that You have an influence, it's crucial to realize Your actions are watched and noted. The best service someone can do for those watching is to simply be a positive example for them to reference. Not only is this done by making good choices but by showing appreciation and acknowledging others around You and the positivity they up bring as well.

Jared Penkert

Activities: Above and Beyond, Cross-Country, National Honor Society, FBLA, Culture Club, Environmental Club, Student Council

Hometown Hero: My hometown hero is Mr. Bowerman. Throughout my years of middle school and high school, it has become clear to me how much he cares for each student's success. I've always felt pleased my two years of AP courses were spent with someone who puts a great deal of thought into his words. Looking back at such a challenge will give off a warm light because of him. I'll never forget the efforts he took in easing the harshness of due dates with such an overwhelming workload. Above all, I truly feel Mr. Bowerman will always be someone I can go to for advice.



I am proud to be apart of the Osseo-Fairchild community because basically everyone knows each other. The whole town would come out for basketball games and cheer us on in the winter. Its the same during football season. My high school career will be something I'll never forget!

Garrett Koxlien

Activities: Above and Beyond, Football, Basketball and Baseball

Hometown Hero: I chose Donnie Kuehn because of how he has influenced me as a football player and a person. He doesn't put any pressure on you. He does what it takes to win while keeping the game fun. Donnie has changed me as a player and a young man.



I enjoy being a part of Above and Beyond because it influences younger students in a positive way and helps to make the Osseo-Fairchild community better.

Chelsey Severson

Activities: Above and Beyond, Softball, FBLA, NHS, TADD and Student Council

Hometown Hero: Frans Carlstrom is my Hometown Hero. He is the kindest, most generous person I have ever met. Frans is willing to help anyone and everyone in need, and he works his hardest to influence younger members of the community in a positive way.



Being drug and alcohol free is important to being a good role model. Good leaders set good examples for the younger population.

Leah Reynolds

Activities: Above and Beyond, Cross Country, Track and Field, Archery, FBLA, NHS, Culture Club, TADD

Hometown Hero: My hometown hero is Pam Graham. She retired from the Navy after 17 years of service. She has also been my Girl Scout Leader since I moved to Osseo. She has taught me to stay true to myself and to follow through with my goals.

Marissa Olson



Activities: Above and Beyond, Basketball, TADD, and Student Council

Hometown Hero: Travis Fraizer (Chopper) has been a huge impact on my life. Chopper is one of our family friends, who we consider an uncle. He has helped me through so many tough times in life. Chopper will support me whenever I need him and his door is always open when we need it. He has a huge heart will be here whenever we need him.

It is important to be a good role model because the younger kids look up to us and see what we do. They will grow up and do things we do, so we should act appropriate and have good attitudes.



Abbi Henke

Activities: Above and Beyond, Softball

I like being apart of Above & Beyond because it feels good knowing you are making a positive impact in the community you live in.

Hometown Hero: I chose Chad because he helps the softball program SO MUCH in SO MANY ways. I appreciate everything he does for me and the team.



We live in a small town where everyone knows everyone and so when the younger kids see us being good role models it will hopefully lead them in the right direction.

Madyson Rosman

Activities: Above and Beyond, Golf, TADD, NHS and FBLA

Hometown Hero: Todd is my hometown hero because he makes me step out of my comfort zone and pushes me to be the best me. He is always there for me and I know I can go to him with anything. He always knows how to make me smile and laugh. He is so kind to everyone. Thank you Todd for everything you do for me, your students and the community.

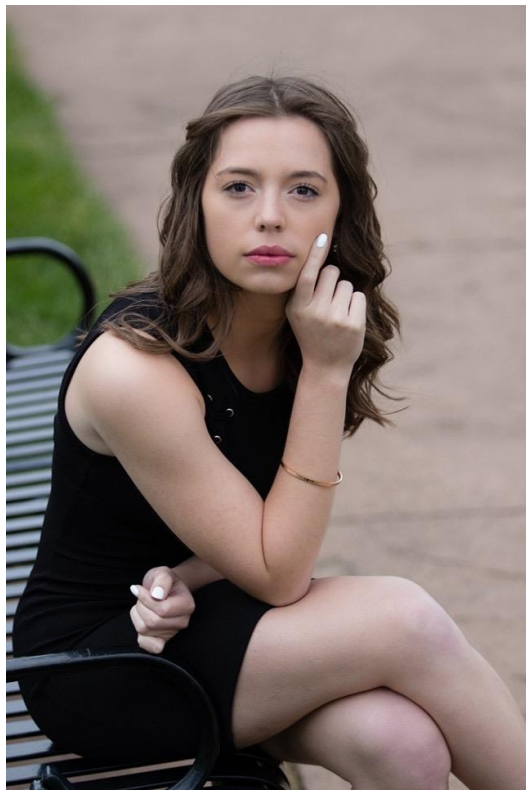


I'm proud to be part of the Osseo Fairchild community because everyone is so close and in times of need we all come together as one.

Megan Hefti

Activities: Above and Beyond, Volleyball, Choir

Hometown Hero: My hometown hero is Wes Whited because he does a lot for our community and is a hard worker.

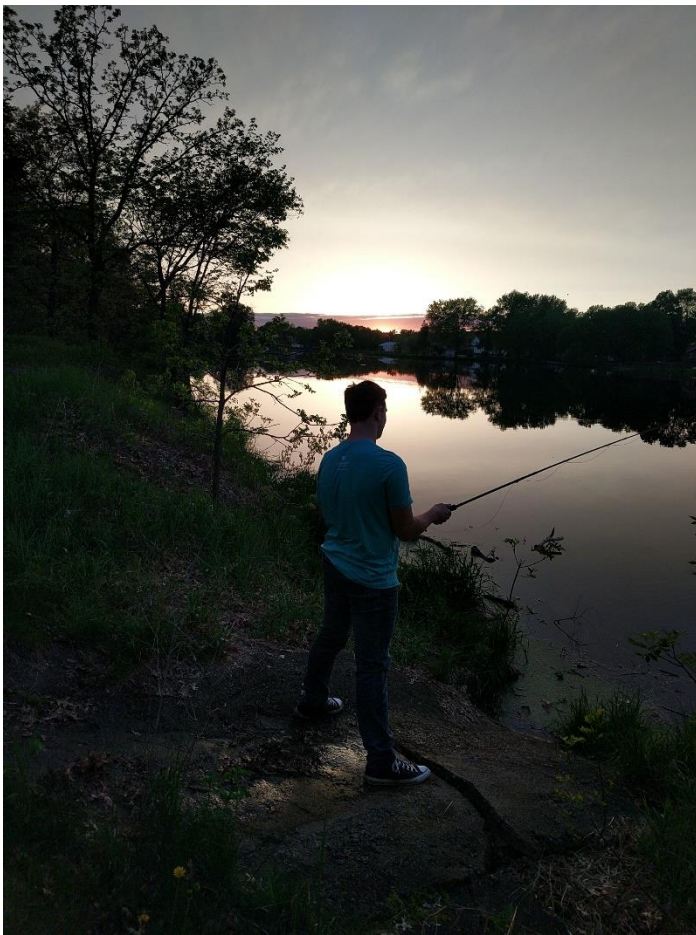


Madison Hageness

Activities: Above and Beyond, Student Council, NHS, TADD, and Volleyball

Hometown Hero: Amy Ramseier is my hometown hero. Amy does so much for her students away from the classrooms. She gives up most of her nights and weekends to go into school and work on her class lessons. All of her students look up to her and love her as their teacher.

Students need to stay away from drugs and alcohol because they are terrible for our health and mental growth. Drugs no matter what age are terrible for you and should never be done. However, our bodies are not mature enough for alcohol. We can't comprehend what is enough to drink, how not to make stupid decisions, and who to hang out with. All students must wait until they are of age to drink and not hurt selves when we're young.



Coltan Dahl

Activities: Above and Beyond, TADD, NHS,
Football, Basketball, and Baseball

Hometown Hero: I
chose Warren Dahl as
my hometown hero
because of his endless
dedication to sports
in our community.

A lot of people look up to and
live through their school
athletes. We have our faces on
display constantly, and what
we do is amplified in praise or
in punishment for example of
the whole school.



I enjoy being a part of Above and Beyond because it makes me feel good. I feel like it is a good, positive, environment, and I like telling people what it is all about.

Greta Nelson

Activities: Above and Beyond, TADD,
Student Council and Basketball

Hometown Hero: Julie Garber (Grandma Julie). I chose my grandma Julie because she is involved in many community activities. She organizes Ruby's pantry, she teaches yoga, and she is involved in many church activities. She is also very known in Osseo, and she deserves to be recognized.



I feel it is important to stay away from drugs and alcohol because they impact you in a negative way. They won't let you do your best.

Rose Bohlinger

Activities: Above and Beyond, Student Council, TADD and NHS

Hometown Hero: My hometown hero is my sister Lily. Lily is always there to help me with anything I need. She has taught me to not be afraid to be myself, and to do what makes me happy.



Younger students look up to the older ones all the time to see how they should be behaving and what they should be doing. If you're doing good things, the younger generations will follow.

Grace Lawrence

Activities: Above and Beyond, TADD, NHS, AV Club

Hometown Hero: Kori Riesenweber has done so much for this school by stepping up to the plate and teaching choir a couple days a week. She is a very talented musician and never fails to brighten people's days. She is an incredible woman and deserves to be recognized.

Alyssa Iverson

Activities: Above and Beyond, Cross Country, Softball, NHS, TADD, and Student Council

Hometown Hero: My hometown hero is my grandma, Bev Iverson. She enjoys supporting our school at many different sporting events, and she is a consistent volunteer at Ruby's Pantry. She has had a positive effect on our community overall, and she is always willing to help other people in our community out!



I feel that it's important to stay away from drugs and alcohol because there are better things you could be doing that has a positive effect on our community. Staying away from drugs and alcohol benefits my life as well as benefiting others around me.



It is important for young people to stay away from drugs and alcohol because our bodies are not designed to handle them.

Dawsyn Lyngen

Activities: Above and Beyond,
Football, Baseball, and FFA

Hometown Hero:
Brad Goplin is my
hometown hero
because he helps out
with the FFA pancake
breakfast and other
activities even though
he's plenty busy
farming.

Bret Kostka

Activities: Above and Beyond, Football, Wrestling, Track, TADD, National Honor Society and FFA

Hometown Hero: Donnie Kuehn is my hometown hero.

Coach Kuehn is a living example of where hard work can get you. He is the most disciplined, honest, fun, trustworthy role model that I know. If I ever have a question I know I can go to Donnie and get the right advice.



Drugs and alcohol have zero health benefits nor life benefits. I'm not sure why anyone would want to do anything to themselves to effect their quality of life for the worse. Students who give into alcohol or drugs at a young age have a tendency to never quit later on.



I feel that it's important for student athletes and club members to be good role models, because everyone is watching you. Whether it be older adults or little kids. Your actions define you as a person. If you go and do stupid things, people will see that and not have a good impression of you. On the flip side, doing good things as simple as taking time out of your day to talk to and lift a person up if they're having a bad day to as complicated as helping a person put groceries in their car if they can't. Either way, people see you as your actions.

Hailey Ness

Activities: Above and Beyond, FFA, FBLA, TADD, Culture Club, Environmental Club, Student Council, Cross Country, Girls Varsity Basketball Team Manager, Track & Field.

Hometown Hero: My hometown hero is Mrs. Wendy Ottestad, because she does so much for the students of our school and sometimes doesn't get the recognition she deserves. You can find her at almost every sporting event taking pictures to make sure there's good pictures of everyone. I look up to her, because she personally has taught me through yearbook and Independent yearbook last year that It's most certainly okay to fail. Failing means you're learning. You can't just go out for the first time photographing things and expect great things on your first try, it takes time. She got me out of my comfort zone for taking pictures last year for Football, Girls and Boys Basketball, Track & Field, and Baseball. I want to thank her for letting me have such an opportunity through these last two years and I want her to know she has left a lasting impact on my life that I will never forget.

Abby Mulcahy

Activities: Above and Beyond, Volleyball, TADD, Student Council and FBLA



I like being apart of Above and Beyond because it makes the Osseo community better and is a positive club.

Hometown Hero: I chose my grandpa, Andy Gunderson, as my hometown hero because he is a big supporter for Osseo Fairchild athletics. He is always at the games, and loves to support Osseo-Fairchild sports.



We have the privilege to be apart of this small inclusive community. We have the opportunity to help many people around us and care for the people who make up Osseo-Fairchild.

Katie Gearing

Activities: Above and Beyond, NHS, Archery, TADD, and FFA

Hometown Hero: Mrs. Konop at the elementary school is my hometown hero. She is one of the most selfless people I know. She constantly radiates kindness and positivity to her students and peers. Mrs. Konop cares about others so much and this most definitely shows in her classroom. The way she makes people feel is spectacular! She is so dedicated to her classroom and family. To have role models like Mrs. Konop is nothing short of amazing!



Camryn Christopherson

Activities: Above and Beyond, Dance and
TADD

Hometown Hero: My hometown hero is Lisa Covelli. She's always believed in me and my artwork, even if I wasn't confident myself. Ms. Covelli pushes me to do my best, and I can't thank her enough for all of the opportunities and potential she's given me.

It's important for athletes and club members to be good role models because the people that look up to someone act like they do. Having such an importance is an honor and should be treated like one.



A good role model does and says what is right even if it is not popular. Role models show they care for others and are able to help and support them in successes and challenges. Having a good role model to look up to can help a student/athlete in difficult situations or when a challenging decision must be made. Likewise, a good role model may inspire a young student athlete to set her heart on being like her role model.

Kari Herman

Activities: Above and Beyond, Cross Country, Basketball, and Track and Field, Band, and National Honors Society, Culture Club

Hometown Hero: Jack Popple is my “Hometown Hero.” Jack is a dedicated volunteer who works with student-athletes at Osseo-Fairchild High School year round to improve their physical strength. Jack volunteers countless hours creating complex workout plans. He customizes workouts to fit each student-athlete’s needs and is eager to teach proper weightlifting techniques and guide athletes along their strength training journey. Jack works with both individual student-athletes as well as teams including our OFHS Football, Cross Country, Basketball, and Track and Field teams. As a volunteer strength coach, Jack has positively impacted many of Osseo-Fairchild High School’s student-athletes.



I am proud to be a part of the Osseo-Fairchild community because everyone knows each other. My parents grew up here so I know most people she knew and everyone is so sweet.

Ashton Bertrang

Activities: Above and Beyond, and Volleyball

Hometown Hero: My mom, Sandy Bertrang is my hometown hero because she has taught me almost everything I know. She has made the biggest impact on my life.



Above and Beyond is a fun way to meet new people. You don't just get to interact with the high school but the elementary and the community.

Cierra Hansen

Activities: Above and Beyond, TADD, Student Council and Environmental Club

Hometown Hero: Hailey Zawacki has always been the one to pick me up when I'm having a bad day. She is always the one to give me a hard time 😊. Her smile and laugh is contagious. Hailey is the one to go to when you need a laugh.



Autumn Volbrecht

Activities: Above and Beyond, Student Council, Basketball, NHS, TADD, and Environmental Club

Hometown Hero: Pam Pralle has been by my side since I was in eighth grade, being my basketball coach. She gave me the confidence to be myself on and off the court. She gave all her time to the basketball team and treated us like we were her own daughters. She never fails to tell me what I do wrong and ways to be a better person and athlete. She's so supportive and my second mama. Thank you Pam for all you did/do for me, and everyone you meet!

It's important to stay away from drugs and alcohol because the physical and mental effect it has on you. It affects you, your teammates, family, and school. It can ruin your reputation for you, your family, and the community.



Athletes and club members need to be good role models for everyone at school, and in the community. Many younger kids look up to us and want to do what we do. If we aren't being good role models, we might leave a bad influence on them. When they get older, we want them to be good role models for the next group of kids.

Heidi Strey

Activities: Above and Beyond, Track and Field, FFA, TADD, and NHS

Hometown Hero: My hometown hero is Mr. Boettcher. He has played a big part of my life through FFA and the Ag classroom. He has been my mentor for many years now, and is always willing to help me out. Mr. Boettcher is also a great FFA advisor.

He makes sure we all have opportunities to serve the community and to be the best we can be. He has a lot of determination, and has always been a positive role model to me.

Trevor Hammer

Activities: Above and Beyond, Basketball and Golf

Hometown Hero: Ken Kaufman is my hometown hero. He doesn't get the credit he deserves for being such a great grandpa to his family or being a great person in general. He's there in a minute if I need him for something, and I know I can go to him for anything. My grandpa has taught me so much, I can't thank him enough.



Nobody needs to be doing drugs, let alone kids. There is nothing good that comes from doing drugs and/or alcohol, so what's the point. There is nobody forcing people into these bad decisions other than themselves.

Korynn Metzler



I like being part of Above and Beyond because we are all here to make our school and community a better place. Being able to participate in improving our community and do it with my friends is such an awesome thing to be part of.

Activities: Above and Beyond, Basketball, Student Council, NHS, TADD, and FBLA

Hometown Hero: My hometown hero is my mom, Kim Metzler. I wanted to save my biggest hero for my final one. My mom is the most amazing person EVER! I can't even put into words how much I appreciate her. She has been my biggest cheerleader from the beginning and she is always there when I need her. My mom always puts my siblings and me before herself and she truly keeps my family running. Without her I'm not sure how we would function. She is always there when I need a shoulder to cry on, or someone to jam to music in the car with. I'm honestly not sure how I'm going to survive without my mom when I go off to college. My mom is my #1 and my best friend.



Riley McIlquham

Activities: Above and Beyond, Basketball

Hometown Hero: Cole
McIlquham is my
hometown hero.

I am proud to be apart of Osseo-Fairchild community because there are a lot of good people in our community

Courtney Doshier

Activities: Above and Beyond, Choir



The younger kids look up to us and if we are doing drugs they more likely will too

Hometown Hero: I chose my mom, Vickie Doshier as my hometown hero because she is a very hard worker. She is always making sure that us kids have everything that we need to succeed. She has taught us to be responsible young adults.

Luke Fischer

Activities: Above and Beyond, Football,
Wrestling and Baseball

Hometown Hero: I picked Donnie Kuehn because he is a great guy that always is there if I need him. If I needed to come in on a weekend to workout he would let me in the wrestling room and help me out. Donnie is a great coach too. I am lucky enough to have him for two sports. He also comes to a ton of sporting events. He is always at football and wrestling because he coaches, but he is at a lot of basketball games too.

This is why I picked him as my hometown hero.

I love being a part of this community because everyone is so supportive in are sports programs.



Taylor Nelson

Activities: Above and Beyond, FFA, NHS, TADD, Student Council and the Environmental Club

Hometown Hero: I chose Mrs. Frieberg for my hometown hero because she is one of the most relatable and down to earth people I know. She always gives off positive energy when you talk to her or even when you walk into her room. Her personality and enthusiasm will brighten up your whole day.

Drugs and alcohol basically slowly kill your body. It's so bad for adults, but even worse for kids and young adults. Kid's brains are not fully developed yet, why would you want to hurt yourself just because your friends say it's "cool."



I like being part of Above and Beyond because I get to know people better and get myself more involved with school affairs.

Justice Erickson

Activities: Above and Beyond, Cross Country, Culture Club, Student Council, and FBLA

Hometown Hero: I chose Mr. Velie because of the impact he has on the school and his students.

He is what makes the environmental club what it is today. Being part of his class is always fun and educational.

Hailey Abram

Activities: Above and Beyond, Basketball, Basketball, Volleyball, Science Olympiad, Quiz Bowl, and National Honors Society

Hometown Hero: My hometown hero is Mr. Davis because he is always there for me, whether it's helping with homework or being someone to talk to when I need it. I know I can always count on him to be an adult I can share anything with. He's always there for his students even if they just need a place to cry for a bit. He encourages kids to try new things and brings out the best in everyone. Every student knows that they can trust him and that he will always do the right thing to help people out. He's always making things fun for everyone and I look forward to his class everyday.

I think that it's important for students to stay away from drugs and alcohol because there will always be someone who looks up to you. So even if you don't know it someone wants to be more like you and you should want them to admire a good role model.



Our community is so small that everyone knows everyone and they would do anything for anyone.

Zoey Lafky

Activities: Above and Beyond, Softball, Volleyball, and TADD

Hometown Hero: Brittini Prock is my hometown hero. I chose coach Prock as my hometown hero because she was always super supportive of the team, and myself. She was never afraid to tell me what I needed to fix on the court and that helped me a lot! She made me a better player and person as a whole. She also gave us a lot of useful advice.



I feel its important to stay away from drugs and alcohol because it affects how you learn. Its also important to stay away from it because it give people a different way they view you as a person.

Dezaray Eisberner

Activities: Above and Beyond, Basketball, Volleyball, Track, NHS, FBLA, and TADD

Hometown Hero: I chose Dave Farrier as my hometown hero because he pushes me to do my best and doesn't want me to do any bad things. He also has volunteered to do many things to help me succeed and become a good person.
!!!!!!!!!!!!!!



I like being part of Above and Beyond because it is a place for all positive people that do the right things.

Keyton Boettcher

Activities: Above and Beyond, Football, Basketball and Baseball, FFA

Hometown Hero: I chose my mom, Lisa Boettcher because I am so thankful for everything that she does for me. I would not be where I am today without her. THANK YOU!



It is so important for students to stay away from drugs because high school is hard enough without the pressure of drugs and alcohol. As students we should be preparing ourselves for life after high school. Being a good role model for the younger generation is very important. As a student athlete I set a great example that I hope my community, friends and coaches see.

Lacey Frase

Activities: Above and Beyond, NHS, Student Council, TADD, FBLA, Softball and Basketball

Hometown Hero: Mrs. Ottestad is my hometown hero because she works so hard to make sure the year book turns out perfect. She spends countless hours photographing sporting events and I admire her determination. Mrs. Ottestad motivates me because she isn't only a great teacher but she is one of the kindest people I have ever met.

Abby Lone

Activities: Above and Beyond, Volleyball,
FBLA, and Student Council

Hometown Hero: I chose
Mr. Phillips as my
hometown hero. Mr. Phillips
is my hometown hero
because he puts so much
hard work into his teaching
and does his best to help his
students succeed. He's a
great role model for his
students.

It is important to be a good role
model because it makes our
community better. Younger kids
are also looking up to you on how
to act or how to behave.



It is important for students to stay away from drugs and alcohol because it affects your ability to learn and be active during school and athletics.

Brooke McCune

Activities: Above and Beyond, NHS Volleyball, Basketball, and Softball

Hometown Hero: My hometown hero is Cory Gunderson because he always made basketball practice fun and helped everyone to be the best player and person they can be.



It is important to be a good role model as an athlete because other people in the community look up to you and see what you're doing.

Rachel Moe

Activities: Above and Beyond, Volleyball, Softball, FBLA, NHS and Student Council

Hometown Hero: Drinking and doing drugs leads you to focus on other things when you really should be focusing on other things. At this age we should be focusing on school and friendships and your athletics and clubs. You doing these damaging things to your body can really mess up your priorities and change you as a person.



I am proud to be a part of this community because everyone is so helpful and tries to lift each other up.

Amara Wilkinson

Activities: Above and Beyond, Dance, Forensics, TADD and Culture Club

Hometown Hero: Dani Rud is an amazing coach and helps us out when we have no clue what we are doing. In a way, shes kind of like an older sister. She also is super duper cool and very nice to everyone.



I like to be apart of Above and Beyond, because I feel like a role model for students younger than me and they are able to know to do the right thing. I also like to be in above and beyond because it keeps me motivated to be a good role model and person.

Mariah Steinke

Activities: Above and Beyond, Volleyball, Basketball, Track, Band, FBLA, NHS, and TADD

Hometown Hero: My hometown hero is my aunt, Sandy Klingbeil. She is always supporting me in everything I do and makes an effort to make it to my games. Sandy has always been there for me and always knows how to cheer me up after a bad game. I'm proud to call her my role model and aunt!



Ashley Skoyen

Activities: Above and Beyond, Volleyball, Student Council, and Environmental Club

Hometown Hero: My hometown hero is Mr. Bergeron. I was one of Mr. Bergeron's first students here at Osseo-Fairchild High. Walking in the first day was pretty intimidating as he holds very high expectations for every student.

I remember thinking "This guy is going to plummet my gpa." In reality, that year I learned more math than I ever have before. I can still remember the formulas and proofs from his classroom because that's how good he is. He has taught me far more than math though. In Mr. Bergeron's classroom, I know I am learning the skills needed for college and the workforce. He truly values education, and it shows.

I'm glad to be a part of Above and Beyond, because it's an important group that sends a strong message.



Brayton Pacenka

Activities: Above and Beyond, Cross Country, Track and Student Council

Hometown Hero: My hometown hero is Mrs. Hanson. She understand when you are going through hard times and is always willing to help

I'm happy to be part of this community as I've made myself be more well known in the community than I ever would have when I lived in Chippewa Falls



Drugs and alcohol can mess up your brain and you won't develop properly. Drugs and alcohol can lead to other dangerous things.

Chase Insteness

Activities: Above and Beyond, Football, and Basketball

Hometown Hero:
Mr.Boettcher is my hometown hero. He helps out everyone who needs help and he knows what's good for the environment. He just wants the best for everyone and everything.



I joined Above and Beyond because it seemed fun and I want to be a part of a club

Wyatt Ramseier

Activities: Above and Beyond, Football, Baseball and Basketball

Hometown Hero:
David Hageness
Jr. has taught me
a lot of things
and I enjoy his
jokes.



I joined Above and Beyond because I like being a positive person and a helper to adults and students. Lots of people, especially younger people look up to you.

Isaac Iverson

Activities: Above and Beyond, Football, Baseball and Basketball

Hometown Hero: Mr. Boettcher is my hometown hero. He is always encouraging to me and other teammates. Mr. Boettcher is always there when you need him.



It is important to be a good role model because the little kids look up to you and all the parents are watching you.

Zach Rosman

Activities: Above and Beyond, Football, Baseball and Basketball

Hometown Hero: Adam Keuhn is my hometown hero. He has helped me in football and he has helped me grow as a football player. He always pushes me to be my best.

Wyatt Olson

Activities: Above and Beyond, Football

Hometown Hero: Buzz
Thompson is my
hometown hero because
he does a lot for us in our
community with the VFW
and he also helps me out
in Scouts and is big
influence on me.

It is important for student athletes to be
role models so younger generations can
have someone to guide them to the right
path.



I think it is important for students to stay away from drugs, because at such a young age drugs can have a way stronger effect and can become very addicting for kids.

Nick Jacobson

Activities: Above and Beyond, Football, Basketball and Baseball

Hometown Hero: Mr. Boettcher is my hometown hero. He has helped me become a better football player. He has taught you can't just rush into everything. I know he doesn't know it, but I think very highly of him.



There are not many people like me in Osseo, and by being myself I feel as if I have helped other people come out of my shell. Although everything's not for everyone, everyone can find something they can feel apart of.

Mollie Graham

Activities: Above and Beyond, Forensics, NHS, AV Club, Band, and Softball

Hometown Hero: Patti Matthews is my hometown hero. She has been a family friend ever since I was young, and continues to be there for me as an adviser for my gold award project, a Sunday afternoon coffee buddy, and a supplier of cat hugs and other furry friends!

Mia Nicolai

Activities: Above and Beyond, Student Council

Hometown Hero: My hometown heroes are my grandpa and grandma, Stuart and Carol Dodge. Stuart is very involved with the city of Osseo and works hard to improve the community. He and Carol are also a very important part of my life, without them I wouldn't be who I am today.

It's very important for students, and everyone else, to stay away from drugs because nothing good can come from it.



It is important to be a good role model because it shows younger kids that its not ok, and they understand that and they won't do it, or become addicted to drugs. This will help for our future generations coming into the school and in other schools.

Taylor Hammer

Activities: Above and Beyond, Basketball, volleyball, track, and TADD

Hometown Hero:
Amanda Kittelson is
always there for me
everyday, and always
helps me make the best
decisions for myself, and
supports me in everything
I do.



I think students should stay away from drugs and alcohol because it destroys relationships with families and friends. It will also ruin your athletic career and academic performance.

Skye Linklater

Activities: Above and Beyond, Basketball, NHS, and TADD

Hometown Hero: Mr. Phillips is one of my "hometown heroes" because he is always willing to lend a helping hand to those around him. He is always willing to help me when I need it. He is a selfless person who radiates strength and self- confidence. He also cares strongly about his students.

Breanna Wier

Activities: Above and Beyond, FFA, FBLA,
Culture Club, Student Council, Archery,
and Quizbowl

Hometown Hero:
My mother, because
even though she's
sick she always
makes time for us
and never blames us
for what she has.

Because, when people start using drugs,
or alcohol they start to change and not
for the best, it changes their attitude and
health, and only ends up hurting them
not helping.

Lydia Jensen

Activities: Above and Beyond, Golf, Track
and the Musical



I think it's important for a student to be a good role model because everybody is always watching you. Little kids are always taking notes on how to act.

Hometown Hero:
Shelly Schroeder is my hometown hero. Mrs. Schroeder obviously taught me education related topics, but she also taught me how to be a good person.



I think it is important to be a good role model because when you play sports in high school a lot of people will watch you and want to be like you and play on varsity one day. So if you do something they might do that too if they think if it will make them better.

Katie Skoug

Activities: Above and Beyond, Softball, Volleyball, Basketball, and Student Council

Hometown Hero: I choose my grandpa Elmer Rud as my hometown hero because he has always been there for me when I needed him. He gives me rides, buys things for me. He has done a lot for me and my life wouldn't be the same without him.



I like being apart of Above and Beyond because I get to spend time with good people. Also, I get to experience new things, spread kindness, and be a great role model!

Aubrey Schmidt

Activities: Above and Beyond, Cross Country, and Track

Hometown Hero: My hometown hero is Jill Nelson. I chose this person because she is always happy and always willing to help. She is so sweet and kind hearted.



Drugs and alcohol can really mess up a person's life. They can lose friends and do poorly in school. High schoolers may think that doing drugs and alcohol is harmless and fun at the time, but that can become a lifelong addiction.

Ada Nelson

Activities: Above and Beyond, Cross Country

Hometown Hero: My hometown hero is John Haugen. He has given so much to this community and sets a great example. I look up to him because he spends most of his time helping other people, and cares about everyone.

Brody Seefeldt

Activities: Above and Beyond, Football,
Basketball and Baseball

Hometown Hero: My
hometown hero is Mr.
Schulte. He has helped me
in football and has also
taught me a lot during the
football season.

As athletes and club members, we
probably have many kids looking up to us
and what we do other kids will follow
that.



I am proud to be apart of the Osseo-Fairchild community because everyone knows each other and everyone is so kind and welcoming wherever you see them.

Brenna Seefeldt

Activities: Above and Beyond, Student Council, Golf and Softball

Hometown Hero: My hometown hero is Hailey Zawacki. I admire Hailey Zawacki because she is always so positive and willing to help out with anything that I ever need help with. Hailey was not only my teacher but she also taught me how to be a good person.

Paige Pronschinske

Activities: Above and Beyond, Student Council and Track



It is important that athletes and club members stay away from drugs and alcohol because they can effect your brain negatively and result in making bad decisions that aren't good for you.

Hometown Hero: Bill Straschinske is my hometown hero, he is my step-dad, a local police officer, and a great role model to me and is always there for the community, family, and friends no matter what.

He works hard to keep Trempealeau County and the Osseo area safe. He is a great person in my life and the best father figure. I truly wouldn't be the person I am today without him.



Paige Skoyen

Activities: Above and Beyond, Student Council and Track

Hometown Hero: Mrs. Schroeder is my hometown hero. Mrs. Schroeder was my 3rd grade teacher. Even though I have had many wonderful teachers, I have to place her as my favorite. She is one of the most thoughtful and understanding people I have ever met. On top of that she is incredibly sweet, whenever I see her she asks how I'm doing and we have little conversations that make my day. She has taught at Osseo for many years and any kid is lucky to have her as a teacher.

Alcohol is such a dangerous substance. The way it can make an impact on your life is so serious. So many changes can result in permanent consequences. I have seen the effect drugs have on teens, and so many people feel nothing but regret after those decisions.



Eleice Dahl

Activities: Above and Beyond, Golf, Basketball, Softball, Student Council and FBLA

Hometown Hero: My hometown hero is Pam Pralle. Pam always supports me and helps me succeed. Pam just doesn't do this for me I know she would do it for anyone. She does so much for our community and I feel she needs the recognition.

If the people who are succeeding are not good role models the young kids looking up to them will follow in their footsteps.



I feel it is important for students to stay away from drugs and alcohol because if they use it now, it is addictive and will be hard to quit it. It can also affect them later in their life which they may not care about now but will later.

Brady Dehnke

Activities: Above and Beyond, FFA, Quiz Bowl, NHS, and Science Olympiad

Hometown Hero: Mildred Polinske is my hometown hero. Millie has recently retired from being a grandparent at the Osseo Elementary School. She had been a grandparent there for 25 years and has certainly impacted many kids' lives.

Taylor Gunderson

Activities: Above and Beyond, Volleyball, Basketball, Softball, FFA, and FBLA

I like our community because it has many organizations you can be apart of to have fun or do something you want to. Also I love representing the school in athletics or in other competitions. Our school is so nicely set up and we have a great group of adults through out it. There is always someone in the community I feel comfortable talking to.

Hometown Hero: Eric Boettcher is my hometown hero. He is always there for me to talk to him about anything I need to. I can always be myself around him and that makes it easier to talk to him. Eric is always there to help me if I need it. I love having conversations with him because we are usually laughing. I am glad he is a part of my life!



It is important to stay away from drugs and alcohol. For one, if you are an athlete and ever get caught, you will have to sit and you will let your team down. On a much bigger note, you can choose the path of going to lots of parties and drinking and that stuff, or you can choose to just hang with friends and not drink or do drugs. Choosing to do drugs and drink can decide your path for the rest of your life, don't make that one bad decision that can affect your life forever. Being a good role model with lets you much further in life then drinking and drugs ever will.

Madisyn Loonstra

Activities: Above and Beyond, Softball, Basketball, Volleyball, FBLA, FFA, and Student Council

Hometown Hero: My hometown hero is Randy Gunderson. I picked Randy because he was my Northwest basketball coach for six years. He spent hours in the gym helping everyone who needed it. He was always there for me when and pushed me to be the best I could be.

Torri Shimon

Activities: Above and Beyond, Volleyball, FFA and TADD

Hometown Hero: Keshia Zimmerman is always there for me, if I have a question she takes me seriously and responds to me respectfully, she helps me through the curved roads in life, she includes me in her everyday life and treats me like one of her own. Keshia also, takes time out of her day to come and watch me play volleyball or in any event that involves me, she is there. Thank you for standing out to me not only in my personal life, but also in the community too. This is why I chose Keshia Zimmerman as my hometown hero.



I feel that it is important to be a good role model because, people will always be looking up to you such as younger athletes, siblings, family, friends and many more.



I like being apart of above and beyond because it makes me feel like I'm a part of an important group with people that I never really knew before so it also gives me a chance to learn more about them.

Madison Hugdahl

Activities: Above and Beyond, Basketball, Volleyball, Student Council, TADD, and FBLA

Hometown Hero: Alaina
Madison is my hometown hero. She has always been there for me and when I'm upset about a sport she's always there to talk me through it. I can always count on her for anything.



Mackenzie Lantz

Activities: Above and Beyond, Basketball, Environmental Club, and Culture Club

Hometown Hero: My hometown hero I think would be Jesse Koskovich, because he does a lot for Osseo-Fairchild. He has a haunted house to raise money for the community. He is also part of the firefighter community.

I'm proud of being part of this community because I've gotten to meet new people.



Drugs and alcohol can mess up a student's whole life, and this is their prime time to shine! In order to have a good future, and get the career you want, you need to perform in high school. Doing drugs and alcohol is a bad influence on yourself and younger kids. Be healthy!

Aurora Wier

Activities: Above and Beyond, FFA, Cross Country, Science Olympiad, and Quiz Bowl

Hometown Hero: For my Hometown Hero, I pick Mrs. Apland, because she is nice and supportive! She is beyond kind and very understanding for a teacher. She taught my whole family, and I remember her as one of my favorite teachers.

Although we don't talk much, every time I see her, she welcomes me. It takes a lot of patience to care and teach young children, but she does just that! She deserves more recognition for her hard work, so that's why I pick her as my Hometown Hero.



It is important to be a good role model because kids could look up to us and if we do things that aren't a good example they might think it is a good example.

Nick Waldsmith

Activities: Above and Beyond, Baseball

Hometown Hero: For my Hometown Hero, I pick Mrs. Apland, because she is nice and supportive! She is beyond kind and very understanding for a teacher. She taught my whole family, and I remember her as one of my favorite teachers. Although we don't talk much, every time I see her, she welcomes me. It takes a lot of patience to care and teach young children, but she does just that! She deserves more recognition for her hard work, so that's why I pick her as my Hometown Hero.



I believe it is important for students to stay away from drugs and alcohol because it can ruin your health and it could harm and damage your body. Doing them will also ruin your reputation. It will be harder to get a job, you could lose your license and many other consequences.

Ella Quirk

Activities: Above and Beyond, NHS, TADD and Band

Hometown Hero: My hometown hero is Mrs. Ottestad. She is very helpful around the community. She is always seen around the school and community taking pictures. She is very involved with our school and activities and she is extremely generous and caring.



I've personally seen the damaging affects that alcohol and drugs can have on people, let alone students. I also know that I need to be a role model for people like my little sister.

Isabelle Popple

Activities: Above and Beyond, FBLA, Student Council, TADD, Yearbook, Softball, and Golf

Hometown Hero: I would like to nominate Wendy Ottostead as my hometown hero. She has always been so kind to me and always puts her students above everything else.